



Kokoro

NEW YORK BUDDHIST CHURCH



Layering, What's Layering?

February 2020

I moved to New York from Hawaii in February, 2014, shortly after a major and powerful snow storm to become Resident Minister of the New York Buddhist Church. People in the city were still bracing their umbrellas against the blowing winds as they walked on the fallen snow and slushy ice. What a contrast to the comfortable Hawaiian breezes that I had left!

I must admit that my initial reaction was “Wow!” when I looked out the window from the airplane as we landed. The mounds and mounds of beautiful white snow simply took my breath away, but once outside I wasn’t quite ready for the bitter cold. In any case, it wasn’t too long before people began advising me that winter in New York was all about layering.

“Layering,” I asked, “what’s layering?”

They tried to describe it to me without much success because layering was just a completely foreign concept to me (naturally, having lived most of my life in Hawaii), so finally they said, “You’ll learn!”

And I did. In time I learned that there is an art to layering. It’s all about basics. You first put on what you would usually wear in temperate weather, and then you add clothing that can be easily removed or put on again depending on the change in temperature and your body’s comfort. It’s all about adjusting to causes and conditions. Your body lets you know when it’s too hot or too cold. I learned I just have to go with the flow and, without putting too much thinking into it, listen to what my body is telling me, and take some of the clothing off when I’m getting too warm, and put it back on when I’m getting too cold, depending on the conditions.

In general, learning about layering clothing in winter has been a good lesson and has relevance to practicing Buddhism. I came to realize that layering, as in other things in life, is about maintaining a balance and equilibrium in the face of changing conditions and how to deal with the nature of things and events as they really are. In the face of negative and positive conditions and the causes that create them it is important to seek balance and harmony. It led me to a further appreciation of following the Middle Way, which is the practice according to Shakyamuni to attain Enlightenment.

In utilizing the layering method I was also reminded that within our inner selves everyone has a Buddha-nature, and we just need to peel off the delusions and attachments that keep us from awakening to the purity and reality that exists. Finding our true nature is like the precious stone that is revealed when it’s been polished after being covered with dirt, or the lotus flower that emerges in beautiful bloom from the mud. The discriminating mind needs to acknowledge its impurities and shed its ego in order to see the light and to awaken to the goodness, the Buddha-nature, that exists within each and

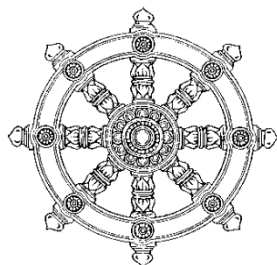


Reverend Earl Ikeda

every one of us.

As I begin my sixth winter in New York this month, I have a better idea of how to do “layering” and I now do it more naturally. . . I think. I’m still learning. It seems to me that the ultimate layering is given to us through Amida Buddha’s constant call which inspires and awakens each of us, foolish beings that we are, to slowly and naturally open ourselves up to Amida’s saving light, compassion and embrace.

Namo Amida Butsu



Save the date September 4-6, 2020

Eastern Buddhist League Conference

“The Call of Nembutsu: Awakening Kokoro in Body, Mind and Spirit”

At the New York Buddhist Church



**Guest speaker: Rev. Blayne Higa,
Kona Honganji Buddhist Temple, Hawai'i**

Rev. Blayne Higa was born and raised in Hilo, Hawaii. He holds a Master of Divinity from the Institute of Buddhist Studies in Berkeley, California with a focus on Shin Buddhist ministry and chaplaincy. Rev. Blayne received Tokudo ordination in 2012 and Kyoshi certification in 2018 from the Jodo Shinshu Hongwanji-ha.

More information to follow!!!

「重ねる」とは。

ニューヨーク仏教会の住職の任務に就くため、2014年の2月に ハワイから 大雪の後のニューヨークに移りました。ニューヨークの人は 雪が積もり、凍った道を歩きながら 吹いてくる強い風に向かって まだ傘をさしていました。ここは 今までいた爽やかなハワイの風となんと対照的でしょうか。

空港に着いた飛行機の窓から外を見た時、正直の所 最初の印象は「Wow!」でした。辺り一面 積もったきれいな白い雪を見て、ただ驚くばかりでしたが、一旦外に出ると 風は冷たく、慣れるまでに 時間がかかりました。でも 暫くしてニューヨークの冬は ただ「重ねる」という事がわかりました。

「重ねるって 何ですか」と聞きました。何度も説明を受けましたが、ハワイ出身である私にとって「重ねる」という意味は わかりにくく、「その内 わかる」と言われたものです。

暫くして わかったのは 重ねるという技があるという事です。つまりすべて基本という事です。まず 気温が穏やかな時に いつも着る物を着ます。そして その上に 気温の変化と体の状態によって すぐ脱いだり、着たりできる服を着ます。これは 原因と結果に合わせる事です。体は 暑すぎたり、寒すぎたりする時に 知らせてくれます。その内 流れに沿って、余り考える事なく、体の反応を見て、周りの状況により 暖かくなったら脱ぎ、寒くなったら また着るという事がわかりました。

一般に 冬のこの重ね着について学ぶ事は いい教会で、もっと広い意味があります。ようやく わかって来たのは、重ねるという考えは 人生においてでも言えるように ありのままの事、出来事について理解する事です。物事には いい面も悪い面もありますが、極端な事を避け、バランスを求める事が必要です。お釈迦様は 悟りを得るための実践である中道の教えを説きましたが、この教えに感謝するという事に繋がりました。

「重ねる」という考えは 人は誰でも 内面に仏心がある事も 知らせてくれます。そして 自分にある清らかな本当の心に気付くのを妨げている瞑想、こだわりを取り除く事が大切です。ありのままの自分を探るのは 土で汚れていた石が 磨かれて現れる貴重な石、泥沼から綺麗に咲いた蓮の花に似ています。真実の光を見るため、又誰もが持ち合わせる良心、仏心に目覚めるために、自分にある不純を認め、エゴを取り除く事を見極める心が必要です。

今月で ニューヨークの六度目の冬が始まりますが、「重ねる」という事は どのようにするのかわかるようになり、今では もっと自然にできるようになったと思います。でも まだ 学んでいる所です。私にとって 結局「重ねる」という事は 阿弥陀様の呼びかけを通して、与えられるように見えます。この呼びかけは 阿弥陀様の救いの光、慈悲、支えに ゆっくりと、自然に 私達を導き、凡夫である私達一人一人を励まし、気づかせてくれます。

南無阿弥陀仏

翻訳：小玉 修子

Translated by Nobuko Kodama

Shotsuki Hoyo Memorial Services Schedule for 2020

Shotsuki hoyo is a traditional monthly service to remember your loved ones who died during that month, particularly in the intervals listed below. The Memorial Service provides a way to express your gratitude and recognize their continuing influence in your life. To arrange a shotsuki hoyo memorial service, please talk to Rev. Earl Ikeda or one of our minister's assistants.

2019... 1st Year	2018 ... 3rd Year	2014 ... 7th Year	2008 ... 13th Year
2002... 17th Year	1956... 25th Year	1988... 33rd Year	1971 ... 50th Year

The names of the persons we will be remembering this month and next are listed below.

February 2020 Sunday, February 2 Armstrong, Katie 2018 Aunt, Stogh NA Bushnell, Joe NA Bushnell, Maime NA Davis, Albert F. 2007 Davis, Shizue Shimbo 2013 DiTomasso, Katherine Mary 1993 Gyaltsen, Dorki 2004 Hara, Davis Eiji 1979 Harada, Matsuo 1984 Horita, Koichi 1952 Inaba, Flu Hitoshi 1992 Iriye, Tom Tateki 1995 Kato, Roy 2011 Kurokawa, Teru 2016	Mitani, Yoshio 1943 Miyamura, Shichi 1997 Nakamura, James 2015 Namba, Michino 1989 Omori, Yoko 1994 Sakow, Toshihiko 2000 Schroeter, Susan 1962 Shindo, Shige 1947 Taoka Nobuji 1965 Tep, Borey 2015 Tono, Shiteyo 1988 Wise, Gregory 1983 Yanagida, Tadashi 1965 Yasuda, Kunihiro 1959	Hahn, Maude 1992 Hayden, Joseph 1994 Hino, Larry Tateaki 2004 Hirae, Masako 2013 Horita, George Hiroshi 2003 Horita, Haruo 1997 Inoue, Kazuko 2011 Ishida, Kazumi 1965 Ito, Mary 2005 Kamada, Mitsue 2016 Kan, Steven 2016 Kasuga, Mieko Grace 1968 Kasuga, Teruo Terry 1986 Kitajima, Robert 2004 Kubo, Yukichi 1957 Kume, Hidekichi 2008 Miyamura, Yoshio 1985 Nakagawa, Chieko Kikuchi	2018 Nakamura, Suya 1978 Nogami, Mitsue Arita 2015 Ochiai, Fuku 2008 Okada, Barbra Teri 2011 Okada, Isaburo 1949 Okada, Richard Alan 1987 Pascarella, Josephine Tringali 2004 Poon, Peter 2000 Tamura, Yoshiko NA Tomita, Mutsuo 2019 Usui, Betty Tono 1999 Walker, Charles F. 1991 Yabuki, Tadayuki NA Yamakawa, Richard Alan 1992 Yampolsky, Anne Rei 1964
	March 2020 Sunday, March 1 Fukuchi, Kaname 1994		

December Board Highlights By Cheryl Ikemiya

Minister's Report: Rev. Ikeda announced the year-end activities. He discussed having NYBC volunteer collaboration with other groups, e.g., foodbank in Harlem where the Japanese Consulate helps twice a year. Rev. Ikeda will contact the organization. He requested the possibility of a special event to raise funds for the Minister's Assistants to help subsidize their studies, e.g., a fundraising breakfast on a Shotsuki Hoyo Sunday, which would take place before the service.

New Business:

The Japan Day Festival will take place in Central Park on Sunday, May 10, 2020 celebrating 160 years since the first Japanese came to the East Coast. The Festival Committee requested that the NYBC participate in the parade on Central Park West. Nancy Okada stated that it requires a lot of coordination with a minimum of 30 participants dressed in yukatas who will need to learn a dance. Nancy suggest that we commit to participate, but we will have to do some planning. Rev. Earl volunteered to be the liaison with the committee, and Mariko will look into the application.

The Communications Committee headed by Tony D. will organize and come up with a plan to utilize Mail Chimp for mass email distributions to present to the Board.

Cont. on p. 5

Sangha News By Ruth Funai

Michael and Diana Omori Morita stopped over at Honolulu for 2 days to visit a friend before embarking on a 3 1/2 week venture to New Zealand. When they arrived there, the weather was still a little chilly and rainy since the summer weather hadn't arrived. They traveled to the north and south islands and were amazed by the quaint little towns. One shopping center advertised "Real NY Pizza" made by Sal. There was a town named Omori, but Diana couldn't find any information on her family's namesake. Maybe she didn't research it enough. They did see an unusual bird, a fan bird, in Omori and dolphins and a penguin elsewhere. They were impressed that the water is so pure, it doesn't need filtration for drinking. They learned there are more sheep in New Zealand than people. New Zealanders were very kind and helpful to the tourists.

They flew to Melbourne, Australia and took a 4-hour train to Wodonga to attend their niece's wedding. Following the wedding, they attended an Australian barbecue organized by the groom's mother who opened her house to the guests. The weather was hot and sunny and there was no evidence of the wildfires that was ongoing. They saw kangaroos and a koala in a tree. They visited a town called Albury where they did some shopping before returning to Melbourne.

From there, they traveled to Kauai, Hawaii. It was their first time and compared to the sunny weather in Australia, Kauai lived up to its name as the rainiest island. They spent 5 days, finding it to be the most preserved Island of all the Hawaiian islands with its natural beauty of waterfalls, Waimea Canyon and beaches. Upon their return to NYC, it took several weeks for them to overcome their jet lag and get used to the cold weather, but the trip was worth it!

New Sangha Greetings and Corrections

New Additions:

Wishing Everyone a Healthy, Safe and Very Happy New Year! **Jane and Shelby Hyde (sent via email)**

"Nen doshi"- the Year of the Rat- Omedetoh. Greetings from Oregon!
Sahomi Tachibana

Missed Donors:

David Brady- single line

Warm and gentle wishing for a Happy New Year! Namu Amida Butsu, Hoshina and Josephine Seki.

Corrections:

Not **Kubo** Family but **Kujo** Family after their message: Best wishes for a very good 2020 **The Kujo Family**

Spelling: **Mikio Sakai**, not Miko in one-liner and mochitsuki photo.



Michael and Donna on their down under and Hawaiian Holiday

Board, Cont. from p. 4

Discussion concerning broadcasting the Sunday services over the Manhattan Neighborhood Network. Isabelle suggested we utilize other platforms such as YouTube or Vimeo. This would enable shut-ins to participate in a service from their homes. Also links to these last two can be put on our online platforms.

Old Business:

2020 EBL Conference:

Rev. Earl Ikeda confirmed the keynote speaker to be Rev. Blayne Higa from the Kona Honganji Buddhist Temple, Hawaii. The theme is *The Call of Nembutsu: Awakening Kokoro--the Mind, Body and Spirit*. We will build a program around the holistic interdependence of all things and how Buddhist concepts and teachings can permeate everyday life with positive meaning. The Board approved the draft program. *Cont. on p. 7*

Board, Cont. from p. 5

Board, Cont. from P. 5

New York Buddhist Church

White Elephant Sale

Saturday, March 21, 2020
10:00 am – 4:00 pm

SILENT AUCTION
 10:00 am – 2:00 pm
JAPANESE FOOD

BAKED GOODS • JEWELRY • HOUSEHOLD GOODS • OLD AND NEW "TREASURES"

SCHEDULE OF EVENTS*

Martial Arts Demonstration 10:00 am – 2:00 pm
 Tachibana Dance Group 2:30 pm – 3:00 pm

*Program is subject to change.

New York Buddhist Church
 332 Riverside Drive (Between 105 & 106 Streets)
 (212) 678-0305
www.newyorkbuddhistchurch.org

White Elephant Sale March 21, 2020

By Tony DiTomasso

Planning is underway for the 2020 White Elephant Sale. Led by the Adult Buddhist Association and the Buddhist Women's Association (Fujinkiai), The White Elephant Sale has been a long standing early spring fundraiser.

This year the White Elephant Sale will take place on Saturday March 21, 2020 from 10:00 AM and 4:00 PM. Soh Daiko will also be performing at 3:30. (A corrected flyer will be printed) Volunteers are needed to help set up the Hondo for the sale on Friday March 20th. Volunteers should be at the New York Buddhist Church at 6:00 pm (showing up a bit early is not a bad plan). Volunteers are also needed on Saturday to work the tables, serve as food runners and especially for cleanup after the White Elephant Sale concludes.

Members of the Organizing Committee for the White Elephant Sale will be asking Sangha members to volunteer in helping out in this important fundraiser.

It is a good opportunity to clean out your closets and donate items you no longer use or need (PLEASE NO CLOTHING, ELECTRONICS OR BOOKS) that will become someone else's treasures. You can bring them to Church starting March 1. You can also join friends and family in having

Soh Daiko News

By Julianna Hessel

It's been an unusual January, with both 70 degree days and frosty nights, but some things never change: weekly Soh Daiko practice! We are back to training hard after a brief holiday break in which our members relaxed and spent time with family, some even traveling overseas!

We kicked off the year with our annual Soh Daiko mochitsuki; former and current Soh Daiko members and their families gathered at the New York Buddhist Church to celebrate the new year with a party and mochi pounding. Guests and current Soh Daiko members brought a variety of delectable dishes for the main course and dessert, but the real showstopper was the fresh mochi. Accompanied by taiko and the singing of our very own Mochitsuki song written for us by Yoko Fujimoto, we took turns pounding the rice in the large stone usu until it was properly smooth. Together and under the guidance of the most knowledgeable, we formed the mochi into bite-sized balls ready to be eaten. It is always a pleasure to bring our Soh Daiko family together with such a fun event - and the mochi was delicious!

We rounded out the month with our winter recital, a fundraiser held in the New York Buddhist Church, at which we debuted our new class of trainees and Soh Daiko players got to perform in new positions in our signature pieces. We hope you were able to attend and enjoy the the fresh baked goods for sale!

Sharing tasty food and fond memories with our community was the perfect start to the new year, and it's just the motivation we needed to propel us forward. With spring mere months away, we are back to the hard work of honing our skills and perfecting our repertoire for the performances ahead. Be sure to check out our website (www.sohdaiko.org) and social media for news and updates on upcoming performances, including a rehearsal performance at the March White Elephant Sale, - we hope to see you there!

lunch and snacks and in purchasing takeaway for your dinner—making it a no cooking day!

Tables also will be available to rent if you want to have the opportunity to sell your own crafts or other items. Contact a member of the ABA for more information.



American Buddhist Study Center

WORKSHOP

Saturday, February 22, 2020, from 2:30 to 4 PM



Historical Japanese Culture and LGBTQ Acceptance

Please join us for our first monthly workshop on discovering the grassroots of the LGBTQ community, acceptance, and more. Throughout history, there has always been a subculture who identified as LGBTQ. Some countries outlawed such behavior, while other cultures accepted it as a recognized way of life for some.

We will take a close look at the history of LGBTQ acceptance in ancient Japan and how they integrated into their society and culture. Some of the things we'll talk about and show are National Treasures of Japan today.

Kabuki Theater
Takarazuka
Noh Plays

Getting-to-know-you reception will follow the workshop
Please note this workshop will be a safe place where all are welcome.

Date: Saturday, February 22, 2020, 2:30 to 4:00 pm

Place: American Buddhist Study Center Library, 331 Riverside Drive (Between 105th and 106th Street)

Seating is limited; Please RSVP to info@ambuddhist.org

We request a donation of \$5 from ABSC members/students and \$10 for all others.

The American Buddhist Study Center is a nonprofit 501 (c)3 corporation

February Service Helpers

February 2 Chairperson: Tony Armstrong, Greeter: Hiroki Hasegawa, Music: Nobuko Kodama

February 9 Chairperson: David Brady, Greeter: Susan Bloom, Music: Nobuko Kodama

February 16 Chairperson: Gertrude Kihara, Greeter: Lily Sakai Johnson, Music: TBD

February 23 Chairperson: Paula Horii, Greeter: Kyoko Nishiyama, Music: TBD



Meditation Wednesdays 7:00 PM - 8:30 PM

at New York Buddhist Church
331 Riverside Drive (at 105 St), NYC

Every Wednesday evening, we offer a meditation class in the 2nd floor meditation room. The class is in short segments, featuring chanting, sitting meditation, walking meditation, an interactive Dharma Talk, and the like. Each segment is guided for those unfamiliar with meditation by our ministers who rotate weekly. It is both easy for newcomers and challenging for experienced meditators.

Everyone is welcome to attend, prior registration is not necessary, just show up any Wednesday evening before 7:00. Please arrive early so we can start on time.

- Settling the body & calming the mind
- Following the breath
- Bowing meditation (Triple Refuge)
- Walking meditation
- Visualization
- Sutra Chanting
- Dharma
- Metta (Loving kindness) meditation



Your donations (Dana) to support the New York Buddhist Church are welcome. Nobody will be turned away for lack of funds.

New York Buddhist Church - a Jodo Shinshu Sangha newyorkbuddhistchurch.org

Board, Cont. from p. 5

Strategic Planning: The Board approved presenting the Final Mission, Vision, Values statements to the full membership at the annual Sokai meeting. NYBC will then incorporate these statements in the description of NYBC, our media materials and other documents.

BCA National Board Meeting report: Nancy Okada was the representative for Eastern District at the voting for the new BCA Bishop. Rev. Marvin Harada was voted in as the new Bishop to be officially installed on April 1, 2020. The BCA continues to be challenged by a declining membership and financial issues.

Affiliated Organization and Committee Reports Adult Buddhist Association:

New ABA officers for 2020 are Chair: Tony DiTomasso; Vice-Chair: David Brady; Secretary: Keiko Ohtaka; Treasurer: Yoriko Armstrong and Historian: David Brady. Discussion to recruit more new ABA members.

NEW YORK BUDDHIST CHURCH MEMBERSHIP PLEDGE FORM

NY本願寺仏教会維持会員申込書

(Please print)

Names (ご氏名)

Date of Birth (誕生日)

Address (ご住所)

Phone Home or Cell (お電話番号)

E-mail Address (Eメール)

To be a New York Buddhist Church Pledged member and a Buddhist Churches of America member, the minimum pledge is \$250 per individual and \$500 per family (2 spouses and children under the age of 18) a year. Please send a check payable to New York Buddhist Church to 331-332 Riverside Drive, New York, NY 10025.

(New York, Buddhist Church / Buddhist Churches of America 維持会員費は個人会員 \$ 250 以上家族会員 (ご夫妻及び 18 歳未満のお子さん) \$ 500 以上となります。New York Buddhist Church 331-332 Riverside Drive, New York, NY 10025 宛に小切手をお送りください。)

Check appropriate membership: (該当する項目にチェックマークをお願いします。)

_____ Individual membership pledge is \$250.00 (個人会員 \$ 250)

_____ Family membership pledge is \$500.00 (家族会員 \$ 500)

Payments made お支払方法 (Please check a box.) (該当する項目にチェックマークをお願いします。)

____ Annually (一括払い) _____ Semi-annually (2 回払い)

____ Quarterly (4 回払い) _____ Other (その他) EXPLANATION: _____

Additional donations: \$ _____ (その他寄付金)

Payment enclosed: \$ _____ (お支払金額合計)

Signature of Applicant (ご署名) : _____

Date (日付) : _____

Your contribution is tax deductible.

New York Buddhist Church Jan.-Feb. 2020

February

Feb. 1, Sat. 10-11:30am: Dharma Gathering and Study Class

12:30-2pm: Ukulele Class and Strumming Circle

2:30-4pm: American Buddhist Study Center Program

Feb. 2, Sun. 11:30am: Shotsuki Hoyo

1 p.m., Religious Education Dept. meeting

Feb. 5, Wed. 7-8:30pm: Chanting and Meditation

Feb. 6, Thu. 7-8:30pm: Howakai (Japanese Study Group)

Feb. 9, Sun. 11:30am: **Nirvana Day (Nehan-e) and Pets Memorial Service**

Taiko sessions: 12:30-1:15pm (7-11yr olds); 1:15-2:15pm (teens); 2:15-3:15pm (adults). For information contact Teddy at tyoshikami@verizon.net

1:30pm: Adult Buddhist Association meeting

Feb. 12, Wed. 7-8:30pm: Chanting and Meditation

Feb. 15, Sat. 12:30-2pm: Ukulele Class and Strumming Circle

Feb. 16, Sun. 10:30am: Japanese Service; 11:30am: English Service

1:00pm: Board of Trustees meeting

Feb. 17, Mon. **Presidents Day**

Feb. 19, Wed. 7-8:30pm: Chanting and Meditation

Feb. 23, Sun. 10:30am: Japanese Service, 11:30am: English Service

Taiko sessions: 12:30-1:15pm (7-11yr olds); 1:15-2:15pm (teens); 2:15-3:15pm (adults). For information contact Teddy at tyoshikami@verizon.net

Feb. 26, Wed. 7-8:30pm: Chanting and Meditation

March

Mar. 1, Sun. 11:30am: Shotsuki Hoyo

1pm: Religious Education Dept. meeting

Mar. 4, Wed. 7-8:30pm: Chanting and Meditation

Mar. 5, Thu. 7-8:30pm: Howakai (Japanese Study Group)

Mar. 7, Sat. 10-11:30am: Dharma Gathering

12:30-2pm: Ukulele Class and Strumming Circle

2:30-4pm: American Buddhist Study Center Program

Mar. 8, Sun. 10:30am: Japanese Service; 11:30am: English Service

Taiko sessions: 12:30-1:15pm (7-11yr olds); 1:15-2:15pm (teens); 2:15-3:15pm (adults). For information contact Teddy at tyoshikami@verizon.net

1:30pm: Adult Buddhist Association meeting

Mar. 11, Wed. 7-8:30pm: Chanting and Meditation

Mar. 14, Sat. [12:30-2pm: Ukulele Class and Strumming Circle]

Mar. 15, Sun. 11:30am: **Spring Higan-e Service**

Mar. 18, Wed. 7-8:30pm: Chanting and Meditation

Mar. 21, Sat. 10am-4pm: **White Elephant Sale**

Mar. 22, Sun. 11:30am: Rennyo Shonin Memorial Service

Taiko sessions: 12:30-1:15pm (7-11yr olds); 1:15-2:15pm (teens); 2:15-3:15pm (adults). For information contact Teddy at tyoshikami@verizon.net

Mar. 25, Wed. 7-8:30pm: Chanting and Meditation

Mar. 29, Sun. 10:30am: Japanese Service; 11:30am: English Service **1:00 pm Annual Meeting (Sokai), followed by short Board Meeting**

Save the Dates:

White Elephant Sale March 21

EBL Conference Sept 4-6

**Help Support the New York
Buddhist Church**

**Please Send Your Membership
Pledge Today!**

**CALENDAR SUBJECT TO CHANGE—CONSULT www.newyorkbuddhistchurch.org for ANY
UPDATES OR REVISIONS**

KOKORO

www.NewYorkBuddhistChurch.org

212-678-0305

Resident Minister: Rev. Earl Ikeda

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Nancy Okada at 212-678-0305.

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Articles and photographs are welcome and will be published subject to suitability of content and availability of space.

Send contributions to Kokoro Editor: Gail Inaba, ginaba@optonline.net

Ongoing Activities

Children's and Adult's Taiko Drumming: Sundays, usually every other week, 1-2pm, 2-3 pm NYBC Dojo. Email Teddy Yoshikami at tyoshikami@verizon.net for more information. (May be delayed response in Jan. And Feb.)

Kokushi Budo Institute Martial Arts Class: Weekday evenings and Saturday mornings, NYBC Dojo. More information: www.kokushibudo.com.

Soh Daiko Drumming: Thursdays, 7-9:30 pm and Saturdays, 2-5pm, NYBC Dojo. More information: www.sohdaiko.org.

Tachibana Dance Group: Saturdays, 11:30 am NYBC Annex, 2nd floor. More information: talk to Nancy Okada, and visit www.chrbu.net/page-albu-recital.

Howakai: Japanese Study Group, usually first Thursday of the month, 7-8:30 pm

Chanting and Meditation: Usually Sunday mornings 10:30-11:00 am and Wednesday evenings, 7-8:30 pm

Ukulele Class and Strumming circle: Usually every other Saturday afternoon 12:30-2 pm

Dharma Study Group: usually first Saturday of the month, morning 10-11:30 am

Jinpukai (Okinawan Dance) usually every Monday 7-9 pm

Flower arrangement class, Ikebana Ryusei ha school: Saturday 11:00 am-12:30 pm; and 1:00-2:30 p.m. Email at Masako Gibeaul at: ryuseiha.ny@gmail.com for more information.



kokoro

February 2020



NEW YORK BUDDHIST CHURCH

New York Buddhist Church

331 Riverside Drive

New York, NY 10025

www.newyorkbuddhistchurch.org

