



Kokoro

NEW YORK BUDDHIST CHURCH



Awakening to Just Being Me

January 2020

“Akemashite Omedetou Gozaimasu!”

Happy New Year!

I would like to express my and my family's very best wishes to everyone in 2020. With deep gratitude I thank all of you for your kindness, guidance, and support this past year. As the salutation states, now that the year is open, we have many new possibilities and opportunities ahead of us. Let us begin the New Year together with renewed energy, spirit, and hope!

I suppose in some ways not much has really changed as we enter a new year, in the sense that we continue to have the same aches and pains, and the same bills to pay, but Shakyamuni tells us that life can become better when we realize and understand that everything begins with me. Each one of us has the ability to meet our own challenges and through deep reflection and practice we are able to overcome constant and countless obstacles.

I always feel a sense of renewal at the beginning of a new year and I endeavor to maintain that feeling throughout the rest of the year. It's a time to reflect, make resolutions and set goals. I realize that I don't always keep my resolutions, but I think it's important to make them because they remind us of those aspirations we wish to fulfill in order to make our lives more fulfilling and satisfying. Having those resolutions gives me hope and a sense of encouragement. My resolutions remind me that Shakyamuni is saying that I'm no different from you, if I can become awakened, so can you, I'm the example. The Buddha is telling me that by simply being myself I, too am able to clear my heart and mind of unnecessary obstacles and can find a clear path to realizing my goals.

Another way of understanding this concept is to have unvarnished self-knowledge, to truly recognize the person one is, however painful that might be. Being able to accept oneself for who and what one is, is the very beginning of being able to build the foundation of spiritual growth. One must be able to accept oneself first before ever being able to help anyone else. When we are honest with ourselves, when we are able to recognize our own strengths and weaknesses, we are on a greater path to become the best person, the best version of ourselves we can be. In other words, when we begin to realize our faults and to trust in who and what we really are, the mind starts to transcend, allowing the true essence of oneself to come out. To say that I can help others is based upon ego and ignorance. However, when one is content with oneself, others will be able to somehow feel that positive energy that unknowingly unfolds.

How do we awaken to our true selves? By looking inward, by drawing on our own talents and abilities to recognize what's been there all along. I had a friend in high school who had hoped to become a doctor but became a nurse instead because he



Reverend Earl Ikeda

discovered that the most natural and best thing he could possibly do was to give comfort to others. He was able to find his true self based on the talents and abilities he actually had, not based on what he thought he should have.

Whether we keep our resolutions or not, we should still make them, and whether we use our talents and abilities or not, we will always have them. I am reminded of this concept by continually listening to the call of Amida Buddha, urging us to awaken to our full potential to become our true and real selves and to work toward fulfilling our dreams. This realization holds true not only for the New Year, but in all the years to come.

Namo Amida Butsu

New Year's Greetings

Happy New Year, everyone! At the beginning of this New Year, I would like to extend my best regards to you all.

Last year again, following the year before, Japan, as well as many other countries in the world, was struck with multiple natural disasters. I would like to convey my deepest condolences to those who lost their lives through those disasters and express my sympathy to everyone affected. In addition, we must never forget that armed conflicts and terror attacks as well as severe starvation is making it difficult to live, and lives are being lost every day.

Last September I had an opportunity to make an official visit to the temples of the Buddhist Churches of America as Monshu for the first time. This allowed me to complete the first round of visitations to all of the overseas districts which include Canada, Hawaii, South America, and the US mainland.

Although every temple and district has its own history and background, many of the overseas Jodo Shinshu temples were established and have been cherished by the Japanese immigrants and their descendants. Reflecting on how sincerely our predecessors entrusted themselves to the Buddha Dharma and how importantly they thought of their temples while facing many difficulties such as World War II, I cannot help but feel grateful and even awe for their tremendous efforts as well as many other wondrous circumstances that have allowed the Jodo Shinshu teaching to be handed down to us today.

However, a considerable amount of time has passed since the Japanese emigrated overseas, and the lifestyle of their descendants, as well as the world situation have changed greatly. In accordance with these changes, quite a few people who are not of ethnically Japanese origin have also come to appreciate the teaching clarified by Shinran Shonin, and attend our overseas temples.

What caused this is nothing but the universality of the Jodo Shinshu teaching that transcends time and space. In other words, Amida Buddha's compassion equally reaches and nondiscriminatively embraces everyone in the midst of all sorts of pain and agony.

In this year, let us continue to listen to the Dharma, considering it is directed to each one of us, and keep moving forward to share it with many other people as possible.

January 1, 2020

OHTANI Kojun

Monshu

Jodo Shinshu Hongwanji-ha



年頭の辞

新しい年のはじめにあたり、ご挨拶申し上げます。

昨年も日本をはじめ世界各地で多くの自然災害が起きました。災害によってお亡くなりになられた方に謹んで哀悼の意を表しますとともに、被災された方に心よりお見舞い申し上げます。また、これら以外にも紛争やテロ・飢餓などによって、日々多くの方が犠牲となり、困難な生活を送っておられることも忘れてはいけません。

さて、昨年9月に、門主として初めて北米開教区を訪問させていただきましたが、これによって、カナダ・ハワイ・南米・北米の全開教区を門主としてお参りさせていただいたことになります。各開教区、また各お寺によって、その歴史や現在の状況は異なりますが、多くのお寺が日本から移住された日本人の方とその子孫によって建立され、護持されてきました。第二次世界大戦をはじめとする様々な困難な状況にあっても、み教えを依りどころとして、お寺を大切に護ってこられた先人の方々に思いを致すとき、今日の私たちにまで浄土真宗のみ教えが受け継がれてきたことの尊く、また不思議なご縁をととても有り難く思います。

Cont. on p. 5

本当の自分への目覚め

明けまして おめでとうございます。

2020年が 皆様にとって 素晴らしい年でありますよう、家族共々願っております。昨年は 皆様からのご好意、お導き、ご支援を頂き、深く感謝いたします。新しい年になり、多くの可能性、機会が これから先 あります。この新しい年を 新たなエネルギー、気持ち、希望で 迎えたいと思います。

年は新しくなっても 特に何かが変わる訳ではありません。つまり 今まであった体の痛みや 払っていない付けがなくなる訳では ありません。でもお釈迦様は 全てが お釈迦様と共に始まると分かります 人生がよくなる事を 伝えています。人には それぞれ 挑戦する力がありますが、その挑戦を 絶えず、阻む事が数多くあっても 自分で深く考え、何度も考えを 練る事で 達成できるのです。

新年の初めは いつも新しい気持ちで迎え、一年を通してその気持ちをずっと持ち続けたいと思います。新年には よく考え、決心し、目標を立てます。決心をしたと言っても いつもこの決心を考えている訳ではありません。でも新年の決心は 自分の人生を もっと充実させ、満足させるために 目標を達成したいという願いを呼び起こしてくれるので 大切です。その上 希望、励ましにもなります。私の決心を考えると、お釈迦様が言っている事を 思い出します。それは「私は 他の人と違う事はありません。私が目覚める事ができるのなら、誰でも できる事で、私がそのいい例です。」という事です。お釈迦様が私に言っている事は 自分自身になる事により、私も 自分の心にある不必要な物を除き、目的達成のはっきりした道を見つける事ができるという事です。

この考えを理解するもう一つの方法として 辛い事かもしれませんが、ありのままの自分に 向き合い、本当の自分を知るという事があります。自分が誰で、何であるのかという事を 素直に受け入れる事は 自分の精神的成長の基礎を築く第一歩です。他の人を助ける事ができる前に まず ありのままの自分を受け入れなければいけません。自分を正直に見つめ、長所、欠点がわかると、元来あるべきベストの自分を探す道を歩む事になります。つまり、自分の欠点を見出し、自分が一体 誰で 本当の自分は何なのかという事が分かると 心の枠を超えて 自分の真実の核の部分が現れます。他人を助ける事ができると言う事は 自分のエゴと無知によるものです。でも 自分に満足していると、どういう訳か、他の人が 自分に自然に湧き出てくる ポジティブなエネルギーを感じる事ができるのです。

どのように自分に気づくのでしょうか。それは 自分の内面を見つめ、持っている才能、能力を自力で 引き出す事です。高校時代の友人で医者を目指していた人がいました。自分の経験を通して、看護師になったのですが、この友人がわかった事は 看護師になる事が 本人にとって もっとも自然であり、他人に安らぎを与える最良の事だという事でした。 この友人は自分が持っていた才能と能力をしっかりと見つめ、何になるべきだったかというのではなく、本当の自分を見出すことができたのです。

新年の決心を守り続けるにしろ続けられないにしろ、決心を考えるべきです。自分の才能と能力を使うにしろ使わないにしろ、これは 私達から 離れる事はありません。本当の自分になるため、夢を叶えるために、私は 本来の自分に気づくように問いかけている 阿弥陀様の呼びかけを続けて聞き、この考えを自分に問いかけています。これを実行する事は 新年だけでなく、この一年を通して 続けたいものです。

南無阿弥陀仏

翻訳：小玉 修子

Translated by Nobuko Kodama

Shotsuki Hoyo Memorial Services Schedule for 2020

Shotsuki hoyo is a traditional monthly service to remember your loved ones who died during that month, particularly in the intervals listed below. The Memorial Service provides a way to express your gratitude and recognize their continuing influence in your life. To arrange a shotsuki hoyo memorial service, please talk to Rev. Earl Ikeda or one of our minister's assistants.

2019... 1st Year	2018 ... 3rd Year	2014 ... 7th Year	2008 ... 13th Year
2002... 17th Year	19956... 25th Year	1988... 33rd Year	1971 ... 50th Year

The names of the persons we will be remembering this month and next are listed below.

January 2020 Sunday, January 5 Asakura, Michiko 2002 Awaya, Sei 1954 Awaya, Shinji 1979 Brady, James T. 1980 Brady, James T.J. 1992 Davis, Albert 2007 Endo, Tsuguo 2016 Horiguchi, Mitsuo 1990 Katori, Chiyo 1995 Kehler, Alan 1995 Kimball, Theodore A., 2007 Kitajima, Molly 2014 Kodama, Tokuko Edna 2014 Kubo, Aki 2012 Kubo, Jimmy Masami 1988	Kuwaki, Katumori 2015 Levitch, Yoko Matsuo 1985 Matsumoto, Ryoji 2014 Mitani, Ryou 1998 Mitani, Yuki 1934 Miyazaki, Katsu 1991 Miyazaki, Seiichi 1954 Motoyoshi, Sayuri 1994 Nagisa, Miho 1982 Nke-Aka, Dr. Nori 2004 Nojima, Junzo 1983 Okada, Stanley T. 1980 Okada, Sekiyo 1992 Okubo, Gontaro 1959 Sansone, Chiyo 2016 Sato, Masatoshi 1981 Schroeter, Charles 1952 Schroeter, Edward 1972 Shiomi, Kenjiro 1991	Sumi, Shizuko 1992 Takeda, Koito 1958 Takeda-Yampolsky 2019 Tenzing, Dupjue 2004 Tsuji, James Toshiaki 1995 Yakata, Helen Osamu 2014 Yakata, John Osamu 1991 Yoshida, Kenichi 1999	Gyaltsen, Dorki 2004 Hara, Davis Eiji 1979 Harada, Matsuo 1984 Horita, Koichi 1952 Inaba, Flu Hitoshi 1992 Iriye, Tom Tateki 1995 Kato, Roy 2011 Kurokawa, Teru 2016 Mitani, Yoshio 1943 Miyamura, Shichi 1997 Nakamura, James 2015 Namba, Michino 1989 Omori, Yoko 1994 Sakow, Toshihiko 2000 Schroeter, Susan 1962 Shindo, Shige 1947 Taoka Nobuji 1965 Tep, Borey 2015 Tono, Shiteyo 1988 Wise, Gregory 1983 Yanagida, Tadashi 1965 Yasuda, Kunihiko 1959
	February 2020 Sunday, February 2 Armstrong, Katie 2018 Aunt, Stogh NA Bushnell, Joe NA Bushnell, Maime NA Davis, Albert F. 2007 Davis, Shizue Shimbo 2013 DiTomasso, Katherine Mary 1993		

Ho-onko Observance and Shojin Ryori Bento Sunday Jan. 26

Ho-onko is the annual memorial service for our founder, Shinran Shonin, who entered Nirvana on January 16, 1213. Of the Six Major Services, Roku Daihoyo, this observance is considered the most important. This year our Hoonko service is on Sunday, January 26. In Japan, this observance is held three times; at the home, the family temple, and at the Mother Temple, *Honzan*. Ho-onko literally means, a Gathering of Gratitude. *Hoon* means to express gratitude, and *kou* means the gathering of the group or sangha. Shinran's teachings have helped many to understand and accept the difficult reality of human life with hope. His teachings are also an interpretation of his understanding of Amida Buddha's universal vows. We are awakened to this hope with gratitude for the gift of life we have received by having the wondrous opportunity to encounter the Onembutsu. On Hoonko, NYBC will again be offering the opportunity to purchase Shojin Ryori bento. In Jodo Shinshu, a strict vegan diet is not required. However, with the observance of Ho-onko it is customary to partake of a meal that is prepared in the monastic tradition, Shojin Ryoori. The bento will be available on Sunday, January 26th, following the service. The cost is a donation of \$25, payable upon your reservation. A limited number of bento will be made. To ensure your bento, please contact the temple at (212)678-0305, or reserve a bento through a temple member. Bentos that are not picked up on the 26th, will be donated to the NYBC.

Sangha News By Ruth Funai

Welcome to our newest sangha member of NYBC, **Toshiro Alexander Mochizuki** born November 1, weighing 7lb 3oz and 20.5 inches long. Proud parents are **Keisuke and Renee Semenick Mochizuki**. Congratulations and best wishes on their new arrival!

After 22 hours, due to delays and long stopovers, **Mariko Kato** finally arrived in Malta. Recovering from that ordeal, she lunched on Spagetti biz-Zalza tal-Fenek, spaghetti with rabbit, onions, garlic, white wine, tomato sauce and peas on her first day at Gululu in St. Julian's Bay. Sounds yummy and restorative! She then wandered through the historic city of Valletta, and saw "Malta Experience", a video introduction to the history of Malta. She visited the St. John's co-cathedral where the Knights of Malta commissioned a church to be built in 1572-1577. Originally modestly decorated, in 1660's it was redecorated in High Baroque style. She also visited the ancient city of il-Birgu (aka Citta Vittoriosa) where some scenes from "The Game of Thrones" were filmed at the Fort of San Angelo.

She then went to the island of Gozo which was a short 20 minute ferry ride and spent a day in the cities of Victoria and the Citadella which are in the heart of Gozo. On the return trip from Gozo, she stopped at the Malta National Aquarium where she took a tour and stood next to someone who fed the sharks and rays. The following day, she went to the waterfront in Marsaxlokk and had fresh grilled sea-bream at a seaside



Rene, Toshiro and Keisuke celebrating the holidays!

New Year's Greetings, Cont. from p. 2

一方で日本人の方が最初に海外へ移住されてから相当の年数がたち、日系人の方々の生活も大きく変化し、また、時代状況も大きく変わりました。そのような中で、親鸞聖人が説かれた浄土真宗のみ教えは、日本人や日系人だけではなく、世界中の多くの方に伝わり、各開教区においても、様々な方がお寺へ来られるようになってきました。それは、浄土真宗のみ教えが、時代や場所を越えた普遍的な教えであるからです。すなわち、様々な悩みや苦しみを抱えるすべての人々を包み込み、摂め取ってくださる阿弥陀さまのおはたらきが普遍的であるということです。

本年も自分のこととしてみ教えを聞くとともに、多くの方にみ教えが伝わるよう努めて参りましょう。

2019年1月1日

浄土真宗本願寺派

門主 大谷光淳

restaurant.

She did all her traveling by local buses which were great, but required patience. The buses ran on schedules which seem to follow aspirational rather than actual times. On The last full day, she took a bus to Mdina, the ancient city of Maleth, founded in the 8th century BC by the Phoenicians. It was the capital of Malta throughout the Middle Ages until the arrival of the Knights of Malta when the capital was moved from Gozo to Valletta. The trip back to NYC went smoothly with one 6-hour layover compared to the one going to Malta. Thank goodness!

January Service Helpers

January 5 Chairperson: Nancy Okada, Greeter: Hiroki Hasegawa, Music: Nobuko Kodama

January 12 Chairperson: Paula Horii, Greeter: Susan Bloom, Music: Nobuko Kodama

January 19 Chairperson: Richard Gross, Greeter: Karl Davis. Music: Ukulele Group

January 26 Chairperson: Tom Armstrong, Greeter: Brian Dauth, Music: Ukulele Group

New Year's Greetings from the Sangha

May the New Year find you healthy and prosperous **Kimiko & Gail Inaba** * Shinnen Akimashite Omedeto! Gozaimasu Hauoli Makahiki Hou! Happy New Year **Clement & Arlene Hirae*** Happy New Year 2020- Year of the Rat. In Gassho, **Yasuko & Mariko Kato** * sincere Wishes for a healthy New Year! **Akiko & Nancy Okada** * The Best Wishes for a Rewarding 2020! **Tachibana Dance Group*** * Wishing you healthy and wonderful year of the Rat! **Keiko Ohtaka** * A Healthy, Peaceful New Year **The Funai Familu** * Happy New Year 2020 **Alice, Donna, Lamarr Tsufura** * May 2020 bring you peace from within Namu Amida Butsu **The American Buddhist Study Center*** Happy New Year **Tony DiTomasso*** Greetings for a peaceful, happy and healthy New Year! **XPovia Polla*** Happy New Year! **Masako Gibeault*** Best Wishes for a very good 2020 **Kubo Family** * Wishing Everyone Beginner's Mind all over again! **Gary Jaskula** * May all sentient beings be happy, well and peaceful Namu Amida Butsu **Rev. Ikeda and Family**

And from:

Isabelle Bernard * David Okada * SB * Karl Davis * Richard Gross* Hiroki Hasegawa * Paula Horii * Cheryl Ikemiya * Gertrude Kihara * Estelle Kimizuka * Nobuko Kodama * Dai Miyazaki * Kyoko Nishiyam * Miko Sakai * Helena and Kuang * Kyoko Nishiyama * Leslie Inaba-Wong * GT Wong* Teddy Yoshikami



Pets' Memorial Service Nirvana Day, February 9, 2020

Pet's Name(s): _____

Check one: ☐ Cat ☐ Dog ☐ Other (describe) _____

Your Name: _____

Address: _____

Phone: _____ Email: _____

Please give this form to any Minister's Assistant or Rev. Ikeda by February 2, 2018. Please consider giving an extra donation in memory of your pet(s).

Nirvana Day and Pets Memorial

By Gary Jaskula, MA

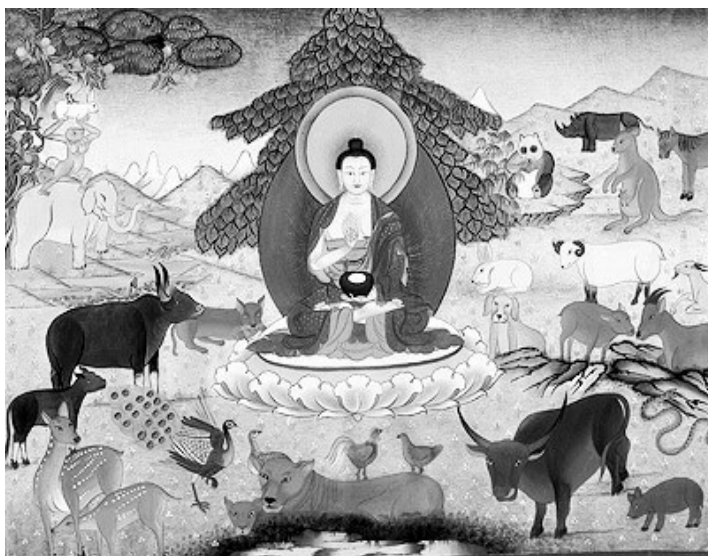
We will hold our annual Pets Memorial Observance on Sunday, February 9 in conjunction with the Nirvana Day Service. Pets Memorial is a lovely and popular custom celebrated in BCA temples.

We honor the memory of the deceased animal companions who have enriched our lives. We are reminded that all sentient beings have Buddha nature and the potential for enlightenment. With their love and devotion our pets share their lives and connect with us in very deep ways beyond human words.

If you have seen traditional Mahayana pictures of the passing of the Buddha into Nirvana, Shakyamuni Buddha is lying down in the grove surrounded by disciples from all walks of life. And frequently down front the animals are also there. The Buddha enters Nirvana surrounded by all creation. What a wonderful way to celebrate Nirvana Day for young and old alike.

At the NYBC, we enjoy listening to the names of our beloved departed pets read out at the beginning of the service. You are also invited to bring pictures of these pets which are set up on the onaijin for the Nirvana Day Service.

To place your pets name on the list, kindly fill out a pets memorial form that appeared in this month's issue of Kokoro and return it to any of the ministers assistants or Rev. Ikeda by February 2 or call the temple. Forms will also be placed at the entrance of the Hondo. If you are bringing photos for the onaijin, please have them at the Temple an hour before the service on February . After the service, please stay a few minutes before going up to enjoy refreshments to pick up your photos to take home.



So Daiko News

By Julianna Hessel

As the year comes to a close, we are reminded of the love and support we have received from our community in our 40 years as an ensemble. This year, we celebrated our 40th Anniversary with a concert that brought together Soh Daiko members old and new, and we also kicked off our Fun for the Future fundraising campaign with the goal of raising \$100,000 to support the purchase of new equipment, costumes, and more. We are so grateful to have had the opportunity to perform for you all, and we plan to continue growing and evolving for another 40 years. If you would like to contribute to our Fun for the Future campaign, please visit 40th.sohdaiko.org/support

We are excited to welcome a new class of trainees for the year. Our trainees have been hard at work this past month, learning basic playing techniques, repertoire, and how to handle equipment. You may have even seen them tying the shime-daiko drums before practice! We are looking forward to watching our trainees progress over the next several months, and we are even more excited for you to see their very first performance later this month.

On Sunday, January 26th, we will be holding a recital at the New York Buddhist Church in order to raise funds for the place that we have called our home for 40 years. We will showcase some of our most popular pieces, with our members debuting new roles and positions. Additionally, our new class of trainees will be formally introduced with a performance of the piece Renshu. Visit www.sohdaiko.org for updates and more information, and we hope to see you there!

Thank you for a wonderful 40th Anniversary year and for your continued support - we are who we are because of you!

Mochitsuki / Holiday Party Festivities 2019



Mochitsuki: Clockwise from left, Alan Okada, Tony Armstrong, David Brady, Bob Moribe, Miko Saito (back), Lamarr Tsufura, Brain Funai, Craig Funai, Julianna Hessel, Rev. Earl, Lamarr

We extend our heartfelt thanks to everyone who assisted in a successful Mochitsuki this year from setup (Thurs. evening), to production and cleanup (Sat. afternoon)

We also wish to express our gratitude and thanks to those who participated in the year-end Temple cleanup of the Hondo and first and second floors of the Annex with energy and good humor. In Gassho,



New York Buddhist Church Jan.-Feb. 2020

January

Jan. 1, Wed. 11:30am: Shusho-e (New Year's Day) Service, Speaker: Rev. Ikeda

1pm: New Year's Day Potluck Lunch, Kakizome, Brush Painting, and Hyakunin-Issu

Jan. 2, Thurs. 7-8:30pm: Howakai (Japanese Study Group)

Jan. 4, Sat. 10-11:30am: [Dharma Gathering and Study Class]

12:30-2pm: Ukulele Class and Strumming Circle

2:30-4pm: American Buddhist Study Center Film, "Your Name"

Jan. 5, Sun. 11:30am: Shotsuki Hoyo, Speaker:

1pm: Religious Education Dept. meeting

Jan. 8, Wed. 7-8:30pm: Chanting and Meditation

Jan. 12, Sun. 10:30am: Japanese Service; 11:30am: English Service

1:30 pm Adult Buddhist Association meeting

Taiko classes: 7-10 year old's (12:30-1:15), older children (1:15-2:15pm); adults (2:15-3:15pm). For information contact Teddy at tyoshikami@verizon.net

Jan. 15, Wed. 7-8:30pm: Chanting and Meditation

Jan. 18, Sat. 12:30-2pm: Ukulele Class and Strumming Circle

Jan. 19, Sun. 10:30am: Japanese Service; 11:30am: English Service 1:00pm: Board of Trustees meeting

Jan. 22, Wed. 7-8:30pm: Chanting and Meditation

Jan. 26, Sun. 11:30am: Ho-onko (Shinran Shonin Memorial) Service, Shojin Ryori Bento

1pm: Buddhist Women's Association New Year's Luncheon

SOH DAIKO RECITAL

Taiko classes: 7-10 year old's (12:30-1:15), older children (1:15-2:15pm); adults (2:15-3:15pm). For information contact Teddy at tyoshikami@verizon.net

Jan. 29, Wed.

7-8:30pm: Chanting and Meditation

February

Feb. 1, Sat. 10-11:30am: Dharma Gathering and Study Class

12:30-2pm: Ukulele Class and Strumming Circle

2:30-4pm: American Buddhist Study Center Program

Feb. 2, Sun. 11:30am: Shotsuki Hoyo

1 p.m., Religious Education Dept. meeting

Feb. 5, Wed. 7-8:30pm: Chanting and Meditation

Feb. 6, Thu. 7-8:30pm: Howakai (Japanese Study Group)

Feb. 9, Sun. 11:30am: Nirvana Day (Nehan-e) and Pets Memorial Service

Taiko sessions: 12:30-1:15pm (7-11yr olds); 1:15-2:15pm (teens); 2:15-3:15pm (adults). For information contact Teddy at tyoshikami@verizon.net

1:30pm: Adult Buddhist Association meeting

Feb. 12, Wed. 7-8:30pm: Chanting and Meditation

Feb. 15, Sat. 12:30-2pm: Ukulele Class and Strumming Circle

Feb. 16, Sun. 10:30am: Japanese Service; 11:30am: English Service

1:00pm: Board of Trustees meeting

Feb. 17, Mon. Presidents Day

Feb. 19, Wed. 7-8:30pm: Chanting and Meditation

Feb. 23, Sun. 10:30am: Japanese Service, 11:30am: English Service

Taiko sessions: 12:30-1:15pm (7-11yr olds); 1:15-2:15pm (teens); 2:15-3:15pm (adults). For information contact Teddy at tyoshikami@verizon.net

Feb. 26, Wed. 7-8:30pm: Chanting and Meditation

Save the Dates:

Ho-onko Service Sun. Jan. 26

Reserve your Shojin Ryori Bento

Soh Daiko Recital Sun., Jan. 26

CALENDAR SUBJECT TO CHANGE—CONSULT www.newyorkbuddhistchurch.org for ANY UPDATES OR REVISIONS

KOKORO

www.NewYorkBuddhistChurch.org

212-678-0305

Resident Minister: Rev. Earl Ikeda

Kokoro is published by the New York Buddhist Church, a Jodo Shinshu temple. Opinions expressed in *Kokoro* are not necessarily those of the NYBC.

Subscriptions: *Kokoro* is mailed free to NYBC members, and to non-members for \$15/year. For subscriptions and mailing address updates, please contact:

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Articles and photographs are welcome and will be published subject to suitability of content and availability of space.

Send contributions to Kokoro

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ginaba@optonline.net

Ongoing Activities

Children's and Adult's Taiko Drumming: Sundays, usually every other week, 1-2pm, 2-3 pm NYBC Dojo. Email Teddy Yoshikami at tyoshikami@verizon.net for more information. (May be delayed response in Jan. And Feb.)

Kokushi Budo Institute Martial Arts Class: Weekday evenings and Saturday mornings, NYBC Dojo. More information: www.kokushibudo.com.

Soh Daiko Drumming: Thursdays, 7-9:30 pm and Saturdays, 2-5pm, NYBC Dojo. More information: www.sohdaiko.org.

Tachibana Dance Group: Saturdays, 11:30 am NYBC Annex, 2nd floor. More information: talk to Nancy Okada, and visit www.chrbu.net/page-albu-recital.

Howakai: Japanese Study Group, usually first Thursday of the month, 7-8:30 pm

Chanting and Meditation: Usually Sunday mornings 10:30-11:00 am and Wednesday evenings, 7-8:30 pm

Ukulele Class and Strumming circle: Usually every other Saturday afternoon 12:30-2 pm

Dharma Study Group: usually first Saturday of the month, morning 10-11:30 am

Jinpukai (Okinawan Dance) usually every Monday 7-9 pm



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January 2020



NEW YORK BUDDHIST CHURCH

New York Buddhist Church

331 Riverside Drive

New York, NY 10025

www.newyorkbuddhistchurch.org

