



KOKORO

NEW YORK BUDDHIST CHURCH



December 2019

Rays of Light Bringing Joy

December marks the beginning of a month of holidays, or as a popular seasonal song goes, “the most wonderful time of the year.” I tend to agree with this sentiment as I enter into the spirit of the season and, along with others experience the wondrous sights, sounds, decorations and lights of the month. This holiday season is a wonderful time, especially if we remember to celebrate with feelings of peace and good will, banishing our harsh judgments and foolish prejudices, and reminding ourselves of our interrelatedness and interconnectedness with other people, sentient beings and the natural environment that surrounds us. It is a time of annual holiday traditions, many of which are significant to us as individuals and as communities.

In the United States the most common December celebrations are, of course, Christmas, Hanukkah and Kwanzaa. In the Japanese Buddhist tradition, we also observe Bodhi Day, which falls on December 8th. Bodhi Day recognizes the day, 2,500 years ago, when the historical Buddha attained enlightenment. As he sat under a Bodhi tree, reaching down with his finger touching the earth he awakened to an awesome awareness that everything in the entire universe is connected and removed himself from all forms of anger, greed and desire that cause suffering. Through his enlightenment he attained a state of perfect wisdom and compassion. It’s a good day to remember to adopt the tenets of the Eightfold Path in our daily lives and to feel gratitude for Shakyamuni and Amida Buddha’s compassion that is bestowed upon us.

There is, however, a part of Bodhi Day that is a little sad for me because in order to attain enlightenment Shakyamuni had to essentially “kill” himself by negating all of his then perceived truths. However, he experienced a “rebirth” by becoming the Buddha—understanding the universal truth of the Dharma and awakening to the “reality” that was always there—the Four Noble Truths and Eightfold Path, referred to as the turning of the wheel.

December is also a month of traditions and customs, and gathering with family, friends, neighbors and colleagues. When I was growing up, my parents operated a business in Hawaii and I remember that this was the time of year my father always made a point to reduce his debts and to make courtesy calls to all the people who made our family business possible. It was both symbolic and substantively meaningful for him formally to say thank you for their help and patronage during the past year and to reflect on the possibility, working together, of a better year to come. I remember as a little boy I would accompany him on these visits, sometimes to places quite distant from our house and we would get home very late. But



Reverend Earl Ikeda

regardless of the time and distance involved, these year-end calls were important to my father. I think of these visits when I reflect upon another element of this season, which is the custom of giving and receiving gifts.

Probably the most common tradition during these holidays is exchanging gifts, a way of sharing our joy and happiness, and of expressing appreciation and affection to those who are close to us. What if we don’t have the resources to buy presents, does it mean that we cannot give anything? Absolutely not! I often forget that the most meaningful gifts are those with no monetary value at all. I’ve realized that the greatest gifts carry no price tag, they come from the heart.

Cont. on p. 2

Minister's Message, cont. from p. 1

This concept is embodied in Dana, one of the Six Parmitas or transcendent actions or perfections in Mahayana Buddhism that are followed in the path of becoming enlightened. Dana, selfless giving, cannot be measured in terms of financial value. Dana encompasses giving that has a positive impact, even if the gift is simply freely sharing something of yourself with genuine understanding, love and compassion expecting nothing in return. When we feel spiritually or emotionally “down,” a kind word, a gentle touch, a simple smile, someone reaching out to express sympathy and understanding is more valuable than an expensive object. It changes everything! It means that one is recognized just as one is. During this time of exchanging gifts, we should not place too much importance on material gifts, it's our “thoughts, words and deeds” that really count the most. Sincere expressions of appreciation, praise, thanks and an unexpected helping hand can be the most treasured gifts of all.

As we enter the holidays, we put aside our differences and warmly express our cheer and well wishes to all. As part of the spirit of the season, let's remember the light of Amida Buddha. Like the sun that radiates innumerable rays of light outwardly toward everyone equally everywhere, sustaining us, the immeasurable light of Amida Buddha illuminates and permeates all worlds, reaching out and summoning us with the command of the Primal Vow to recite the Name in gratitude.

Happy Holidays!

Namo Amida Butsu

December Service Helpers

December 1 Chairperson: Gail Inaba, Greeter: Hiroki Hasegawa, Music: Nobuko Kodama

December 8 Chairperson: David Brady, Greeter: Lily Sakai Johnson, Music: Ukulele Ensemble

December 15 Chairperson: Tony Armstrong, Greeter: Susan Bloom, Music: Ukulele Ensemble

December 22 Chairperson: Mariko Kato, Greeter: Yuko Tonohira, Music: Nobuko Kodama

December 29 Chairperson: Hoshina Seki, Greeter: Kyoko Nishiyama, Music: Nobuko Kodama

Joya-e and Shusho-e Services

Joya-e means “A Gathering on a Night to Dispel”. The historical Buddha, Shakyamuni, taught that people have many faults, 108 of which are major. As we come to the end of another year. We gather together at a service to reflect upon our imperfections and the vow to free us from the bondage of Samsara. The climax of the service is for each person to ring the bell and the bell is rung for a symbolic total of 108 times.

The following morning, we observe Shusho-e which means “A Gathering to Make Things Right”. The Japanese have adopted this tradition in recognition that we can make things better when we realize that Amida Buddha is always guiding us and will never abandon us no matter how severe our faults may be. What better time to express gratitude to Buddha by coming together to recite the Buddha's name. Our Joya-e service will be observed on Tuesday, December 31st, at 7 pm. Shusho-e will be observed on New Year's morning at 11:30 am. A New Year's Day celebration potluck will follow the service. Please bring a main dish to share with others. There will be other activities, too.

Ho-onko Observance and Shojin Ryori Bento

Sunday Jan. 19

Ho-onko is the annual memorial service for our founder, Shinran Shonin, who entered Nirvana on January 16, 1213. Ho-onko literally means, a Gathering of Gratitude. Shinran's teachings have helped many to understand and accept the difficult reality of human life with hope. His teachings are also an interpretation of his understanding of Amida Buddha's universal vows. We are awakened to this hope with gratitude for the gift of life we have received by having the wondrous opportunity to encounter the Onembutsu. For Ho-onko, NYBC will again be offering the opportunity to purchase Shojin Ryori bento. In Jodo Shinshu, a strict vegan diet is not required. However, with the observance of Ho-onko it is customary to partake of a meal that is prepared in the monastic tradition, Shojin Ryoori.

The bento will be available on Sunday, January 19th, following the service. The cost is a donation of \$25. A limited number of bento will be made. To ensure your bento, please contact the temple at (212)678-0305, or reserve a bento through a temple member.

喜びを もたらす光の色`

12月は ホリデーが始まる月で、よく知られている歌にあるように 12月は 一年で 最も素晴らしい時です。この頃になると、人が素晴らしい光景、音、飾り、光などを見て経験するように、私自身もそのようなホリデーの気分になります。特に きびしい批判や偏見の意見などを言う事から離れ、平和や友好ムードの精神に接し、周りの人、他の生き物、環境などが互いに結ばれていて、繋がっている事などを考えると このホリデーシーズンは 確かに素晴らしい時です。個人にとっても コミュニティーにとっても 年に一度のホリデーの習慣を祝う意味のある時期です。

12月に アメリカで 広く知られているお祝いは クリスマス、ハヌカ、カワンザです。日本の仏教の習慣では 12月8日は ボディデーで、この日は

2500年前 お釈迦様が悟りを得た日です。お釈迦様は 菩提樹の木の下に座り、地に指で触れ、宇宙全ては 繋がっている事に気づき、人間を苦しめる あらゆる怒り、欲、などを克服しました。そして悟りを通して、完全な智慧と慈悲を得ました。ボディデーは 日常の生活に 八正道の教えを取り入れ、お釈迦様と阿弥陀様が私達にくださる慈悲への感謝を考えるいい日です。

しかしながら、私にとって ボディデーの一部は 悲しい意味があります。それは お釈迦様が悟りを得るために 当時 ご自身が得た全ての真実を否定し、「死」においつめなければいけなかった事です。でも 仏になる事で、「生まれ変わり」を経験され、普遍的な真実である教えを理解し、仏教の教えとして、実生活に繋がる、四聖諦、八正道などの真実に気づかれたのでした。

12月は 伝統や習慣がある月でもあり、家族、友達、近所の人などと集まります。子供の時 私はハワイで育ち、両親は 自営業をしていました。思い出すのは 大晦日までに父が借金を減らし、ビジネスを助けてくれた人に電話をかけていた事です。改めて その年に世話になった人に感謝し、次の年がいい年になって、続けて仕事ができるよう 願う事は 父にとって 意味がある事でした。子供の時、父と一緒に 世話になった人を訪ねたのも覚えています。訪ねた所は 時々住んでいた家から遠い所にあり、家に遅く帰った事がありましたが、父にとって大切な事でした。このように 父との年末の訪問を思い出すと ホリデーシーズンの他の習慣を考えます。それは プレゼントを交換する事です。

このホリデーシーズンに 最もよく知られている習慣は 喜びと幸せな気持ちを 人と分け合い、親しい人に感謝の気持ちを表すプレゼントの交換です。プレゼントを買えない場合は 何も あげられないという事でしょうか。もちろん そうでは ありません。一番意味があるプレゼントは 全くお金の価値がない物だという事を忘れがちです。一番素晴らしいプレゼントは お金で買える物ではなく、人の心からくる物だという事です。これは 悟りへの道を教える大乘仏教の六波羅蜜の徳目の一つであるダーナ、施しです。施し、ダーナとは お金では 計れないものです。自分の心をこめ、愛と慈悲の気持ちで行う、見返しを望まない行為は 人にいい関係を与えるという事を意味します。精神的に 落ち込んでいる時、親切な言葉、やさしい行為、微笑み、慰めと理解を表す人の行為などは 高価なプレゼントより ずっと価値があるものです。 Cont. on p. 6

Shotsuki Hoyo Memorial Services Schedule for 2019

Shotsuki Hoyo is a traditional monthly service to remember your loved ones who died during that month, particularly in the intervals listed below. The Memorial Service provides a way to express your gratitude and recognize their continuing influence in your life. To arrange a Shotsuki Hoyo memorial service, please talk to Rev. Earl Ikeda or one of our minister's assistants.

2018... 1st Year

2016... 3rd Year

2013 ... 7th Year

2007... 13th Year

2003... 17th Year

1995 ... 25th Year

1987 ... 33rd Year

1970 ... 50th Year

The names of the persons we will be remembering this month and next are listed below.

December 2019 Sunday, December 1 Abe, Yoshihiro 2004 Arai, Tomoe M. 2011 Araki, Kikuyo 1964 Bakhroushin, Gleb 1994 Charini de Zavata, Susana 1981 Harada, Kameichi 1981 Hattori, Yasuko 2007 Ishida, Katsu 1984 Jayang, Momo 1986 Kunihiro, Isami ("Sam") 2017 Lobsanbd, Agu 1996 Matsumara, Kiichi 1990 Mishima, Chikako 1997 Mitani, Isao 1949 Mitsuuchi, Gary 1994	Miyazaki, Chieko 1992 Okada, Kazuo 1989 Okada, Roy 1981 Okada, Shigeyo 1989 Okuma, Ryotoku 2016 Seki, Satomi 2010 Takahashi, Mitsuo 1998 Taoka, Tami 1999 Tung, James Guang-Yao 1995 Unno, Rev. Taitetsu 2014 Yamane, Eimi 1988	Katori, Chiyo 1995 Kehler, Alan 1995 Kitajima, Molly 2014 Kodama, Tokuko Edna 2014 Kubo, Aki 2012 Kubo, Jimmy Masami 1988 Kuwaki, Katumori 2015 Levitch, Yoko Matsuo 1985 Matsumoto, Ryoji 2014 Mitani, Ryou 1998 Mitani, Yuki 1934 Miyazaki, Katsu 1991 Miyazaki, Seiichi 1954 Motoyoshi, Sayuri 1994 Nagisa, Miho 1982 Nke-Aka, Dr. Nori 2004	Nojima, Junzo 1983 Okada, Stanley T. 1980 Okada, Sekiyo 1992 Okubo, Gontaro 1959 Chiyo Sansone 2016 Sato, Masatoshi 1981 Schroeter, Charles 1952 Schroeter, Edward 1972 Shiomi, Kenjiro 1991 Sumi, Shizuko 1992 Takeda, Koito 1958 Tenzing, Dupjue 2004 Tsuji, James Toshiaki 1995 Yakata, Helen Osamu 2014 Yakata, John Osamu 1991 Yoshida, Kenichi 1999
	January 2020 Sunday, January 5 Asakura, Michiko 2002 Awaya, Sei 1954 Awaya, Shinji 1979 Horiguchi, Mitsuo 1990		

Get Ready for Mochitsuki!

By Nancy Okada

Reprising information from last month's issue:

How to Volunteer to Help

It takes many hands to make this event a reality and a great way to join in some fun. Try your hand at a traditional experience and get to know other members of the NYBC Sangha. Please contact Ruth Funai, Nancy Okada or Mariko Kato with your availability from Dec. 19-21 if you would like to assist.

The final pounded product produces sheets called noshi mochi which are about 8" x 11" in size.

How to Order and Pick up Your Noshi Mochi

Sunday, December 15 is the Ordering Deadline. Please place your order by this date with Ruth Funai or by calling New York Buddhist Church at 212 678-0305. The cost per noshi mochi is \$15.00. When you order, please tell us the date and approximate time you will pick up your order and leave a contact number. Pick up times: Saturday, December 21, 1-6:30pm & Sunday December 22, 11am-3pm. If you would like your Noshi Mochi cut, it will be an additional \$5.00 fee.

Sangha News By Ruth Funai

A memorial service was held Nov. 17, 2019 for the late **Yuiko Yampolsky**, member of NYBC ,Buddhist Women's Association and Adult Buddhist Association where she was very active. Many memories were shared by family, relatives and friends. We miss Yuiko very much.

Gail Inaba spent two weeks in Japan in October. She and a good friend rented a machiya in the Higashiyama district in Kyoto for eight days and were able to have the experience of being residents. In Kyoto, they had entertaining encounters with local shopkeepers and were able to see many wonderful events and sights, including Jidai Matsuri, one of three major annual festivals held in Kyoto where 2000 participants wear costumes of different historical eras and parade from the Imperial Palace to the Heian Shrine in a spectacle that lasts several hours. They were



Gail Inaba and friend after the Bunraku performance with a leading puppet and master bunraku artist



One of 2000 participants in Jidai Matsuri, dressed in historical clothing., portraying historical figures

also able to visit many temples, shrines and gardens, including Ryoan-ji, Fushimi Inari, Katsura and of course, Nishi Hongwanji. From Kyoto, they took a couple of day trips to Uji and Nara.

A highlight of the trip was a five day hike on the Kumanokodo in Wakayama ken, a 1000 year old Shinto pilgrimage trail that is one of only two Unesco World Heritage Pilgrimage Routes. Although not technically difficult, there were steep ascents and descents which were challenging at times. It was mystical to walk through deep cedar and cypress forests along clear rushing streams, punctuated by small oji or auxiliary shrines. Luckily on several nights they stayed at local onsens where they could soak any hiking soreness away.

The trip concluded with a three day stay in Osaka where they attended a Bunraku performance, ate local specialties in Dotonbori and visited the Cup of Noodles museum! Needless to say, the food was wonderful throughout the trip and the most perfect grapes and persimmons were in season, so they were able to snack on delicious fruits everyday.

Send Your New Year's Greetings to the Sangha

Send your New Year's greetings to the Sangha and support the NYBC! Complete this form so we receive it by December 15, accompanied with a check or cash of \$5.00 and Kokoro will list your name, for \$10.00 we will also print a greeting of up to 20 words in our January issue.

- Give a completed form with donation to Ruth Funai, or
- Send the completed form with donation to:

Greetings, New York Buddhist Church, 331 Riverside Dr. New York, NY 10025

Name(s) (Please print clearly, only your name will appear in Kokoro. Contact information is for office use only.)

Address: _____ Phone: _____

_____ Email: _____

Greeting (Donation of \$10.00):

Howa, Cont. from p. 3

すると 全てが変わるのです。つまり自分が誰なのか、何なのかという事に 気づかせてくれます。このプレゼントを交換する時期に 買うプレゼントに重きをおくのではなく、もっと意味があるプレゼントは 思いやりの気持ち、言葉、行為などです。感謝、励ましの言葉、期待されていない手助けなどは最も素晴らしいプレゼントになります。

ホリデーになると、人はそれぞれの違いを超えて、喜びと希望を表します。ホリデーの精神の一部として、阿弥陀様の光を 考えましょう。太陽の光が誰にでも 平等に どこでも、照らし 人を元気づけるように、阿弥陀様の計り知れない光は 世界全体に広がり、私達に届き、本願により 感謝の気持ちで念仏するよう呼びかけます。

すばらしいホリデーをお過ごし下さい。

南無阿弥陀仏
修子

翻訳：小玉

Translated by Nobuko Kodama

Your support of the New York Buddhist Church is very important. It enables us to continue to maintain a place where all are welcome to share in the teachings of the Buddha Dharma and Jodo Shinshu. It also allows us to provide cultural and social activities for members and the greater community. As we all know, maintaining a building in New York City is costly and there are many expenses that need to be covered: repairs and maintenance, insurance, utilities, our minister's salary and benefits and many others.

Please help us continue to be able to be in New York City by renewing your membership in 2020 or joining as a new or re-instated member.

Membership forms are available at the Temple and will be printed in Kokoro periodically next year.

Soh Daiko News

By Julianna Hessel

The temperature outside is quickly dropping, but you can still find us in the dojo twice a week, training hard for the season ahead. This past month, we hosted two recruitment events where we showed participants the basics of taiko playing, including lessons on movement, strength, coordination, musicality, and taiko history. We are excited to soon be announcing a new class of trainees for the 2019-2020 season, so be sure to follow us on Facebook and Instagram for updates!

As our 40th Anniversary year comes to a close, we ask the community to consider donating to our "Fun for the Future" fund-raising campaign. In honor of our 40th Anniversary and in support of all the years to come, we launched this campaign with the aim of raising \$100,000. In addition to our beautiful new Asano taiko drums, this fund will allow us to further invest in the group through additional new equipment, new repertoire, workshops, costumes, and more. We still have a long way to go to meet our goal and would be grateful for any support you can give. If you are interested in contributing, please visit: 40th.sohdaiko.org/support

From Soh Daiko to everyone at the New York Buddhist Church, we would like to say thank you for an amazing year. We could not have celebrated this milestone anniversary year without your support. We wish you all a happy holiday season!



Meditation Wednesdays 7:00 PM - 8:30 PM

at New York Buddhist Church
331 Riverside Drive (at 105 St), NYC

Every Wednesday evening, we offer a meditation class in the 2nd floor meditation room. The class is in short segments, featuring chanting, sitting meditation, walking meditation, an interactive Dharma Talk, and the like. Each segment is guided for those unfamiliar with meditation by our ministers who rotate weekly. It is both easy for newcomers and challenging for experienced meditators.

Everyone is welcome to attend, prior registration is not necessary, just show up any Wednesday evening before 7:00. Please arrive early so we can start on time.

- Settling the body & calming the mind
- Following the breath
- Bowing meditation (Triple Refuge)
- Walking meditation
- Visualization
- Sutra Chanting
- Dharma
- Metta (Loving kindness) meditation



Your donations (Dana) to support the New York Buddhist Church are welcome. Nobody will be turned away for lack of funds.

New York Buddhist Church - a Jodo Shinshu Sangha newyorkbuddhistchurch.org

Remember to reserve your Noshi Mochi
Remember to reserve your Shoji Ryori bento
Please join us in the end of year cleaning of
the Temple, December 29

Autumn Festival 2019



2019 Autumn Festival By Anthony Armstrong

For this year's Autumn Festival, on October 26th, we offered a little variety to what had been done in previous events. The second floor of the main building was opened up to serve hot food—vegetarian curry and Loco Moco (which I found to be delicious), along with the more familiar lo mein, inari sushi and futamaki. This also provided more open space in the hon-do for displays of items that had been donated for sale and made it easier to navigate in the search for treasures and tasty food goodies. The three chairs would like to offer our deep appreciation to the many volunteers, donors, and visitors that continually grace our threshold with their support towards the success for this and other events. Thank you

New York Buddhist Church Dec.-Jan 2020

December

Dec. 1, Sun. 11:30am: Shotsuki Hoyo
Taiko classes: 7-10 year old's (12:30-1:15), older children (1:15-2:15pm); adults (2:15-3:15pm). For information contact Teddy at tyoshikami@verizon.net
Sangha TOWN HALL 1:30pm

Dec. 4, Wed. 7-8:30pm: Chanting and Meditation

Dec. 5, Thu. 7-8:30pm: Howakai (Japanese Study Group)

Dec. 7, Sat. 10-11:30am: Dharma Gathering and Study Class
2:30-4pm: American Buddhist Study Center Program : "Great Natural Way" book discussion with Shobo Gary Jaskula, in the American Buddhist Study Center Library.
HOLIDAY PARTY

Dec. 8, Sun. 11:30am: Bodhi Day Service
1pm: Religious Education Dept. meeting
1:30pm: Adult Buddhist Association meeting

Dec. 11, Wed. 7-8:30pm: Chanting and Meditation

Dec. 14, Sat. 12:30-2pm: Ukulele Class and Strumming Circle;

Dec. 15, Sun. 10:30am: Japanese Service
11:30am: English Service
1:30pm: Board of Trustees meeting
Taiko classes: 7-10 year old's (12:30-1:15), older children (1:15-2:15pm); adults (2:15-3:15pm). For information contact Teddy at tyoshikami@verizon.net

Dec. 18, Wed. 7-8:30pm: Chanting and Meditation

Dec. 20-22 Fri.-Sun. Mochitsuki and Cleanup

Dec. 21, Sat. 12:30-2pm: Ukulele Class and Strumming Circle;

Dec. 22, Sun. 10:30am: Japanese Service
11:30am: English Service

Dec. 29, Sun. 10:30am: Japanese Service
11:30am: English Service
Taiko classes: 7-10 year old's (12:30-1:15), older children (1:15-2:15pm); adults (2:15-3:15pm). For information contact Teddy at tyoshikami@verizon.net
Annual Year End Cleaning (Tentative)

Dec. 30, Mon. 7-9pm: Joya-e (New Year's Eve) Service

January

Jan. 1, Wed. 11:30am: Shusho-e (New Year's Day) Service, Speaker:
1pm: New Year's Day Potluck Lunch, Kakizome, Brush Painting, and Hyakunin-Isshu

Jan. 2, Thurs. 7-8:30pm: Howakai (Japanese Study Group)

Jan. 4, Sat. 10-11:30am: [Dharma Gathering and Study Class]
12:30-2pm: Ukulele Class and Strumming Circle
2:30-4pm: American Buddhist Study Center Film, "Your Name"

Jan. 5, Sun. 11:30am: Shotsuki Hoyo, Speaker:
1pm: Religious Education Dept. meeting

Jan. 8, Wed. 7-8:30pm: Chanting and Meditation

Jan. 12, Sun. 10:30am: Japanese Service; 11:30am: English Service
1 pm Adult Buddhist Association meeting
Taiko classes: 7-10 year old's (12:30-1:15), older children (1:15-2:15pm); adults (2:15-3:15pm). For information contact Teddy at tyoshikami@verizon.net

Jan. 15, Wed. 7-8:30pm: Chanting and Meditation

Jan. 18, Sat. 12:30-2pm: Ukulele Class and Strumming Circle

Jan.19, Sun. 11:30am: Ho-onko (Shinran Shonin Memorial) Service,
[Shojin Ryori Bento]
1pm: Buddhist Women's Association New Year's Luncheon

Jan. 22, Wed. 7-8:30pm: Chanting and Meditation

Jan. 26, Sun. 10:30am: Japanese Service; 11:30am: English Service
Taiko classes: 7-10 year old's (12:30-1:15), older children (1:15-2:15pm); adults (2:15-3:15pm). For information contact Teddy at tyoshikami@verizon.net

Jan.29, Wed.
7-8:30pm: Chanting and Meditation

CALENDAR SUBJECT TO CHANGE—CONSULT www.newyorkbuddhistchurch.org for ANY UPDATES OR REVISIONS

KOKORO

www.NewYorkBuddhistChurch.org

212-678-0305

Resident Minister: Rev. Earl Ikeda

Kokoro is published by the New York Buddhist Church, a Jodo Shinshu temple. Opinions expressed in *Kokoro* are not necessarily those of the NYBC.

Subscriptions: *Kokoro* is mailed free to NYBC members, and to non-members for \$15/year. For subscriptions and mailing address updates, please contact:

Nancy Okada at 212-678-0305.

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Articles and especially photographs are welcome and will be published subject to suitability of content and availability of space.

Send contributions to Kokoro Editor: Gail Inaba, ginaba@optonline.net

Ongoing Activities

Children's and Adult's Taiko Drumming: Sundays, usually every other week, 12:30-1:15, 1:15-2:15pm, 2:15-3:15 pm NYBC Dojo. Email Teddy Yoshikami at tyoshikami@verizon.net for more information.

Kokushi Budo Institute Martial Arts Class: Weekday evenings and Saturday mornings, NYBC Dojo. More information: www.kokushibudo.com.

Soh Daiko Drumming: Thursdays, 7-9 pm and Saturdays, 2-6pm, NYBC Dojo. Practices are not open to the general public without prior permission. More information: www.sohdaiko.org.

Tachibana Dance Group: Saturdays, 11:30 am NYBC Annex, 2nd floor. More information: talk to Nancy Okada, and visit www.chrbu.net/page-albu-recital.

Howakai: Japanese Study Group, usually first Thursday of the month, 7-8:30 pm

Chanting and Meditation: usually Wednesday evenings, 7-8:30 pm

Ukulele Class and Strumming circle: usually every other Saturday afternoon 12:30-2 pm

Dharma Study Group: usually first Saturday morning of the month, 10-11:30 am

Jinpukai (Okinawan Dance) usually every Monday 7-9 pm

Flower arrangement class, Ikebana Ryusei ha school: Saturday 11:00 a.m.-12:30; and 1:00-2:30 p.m. Email at Masako Gibeau at: ryuseiha.ny@gmail.com for more information.



kokoro

December 2019



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331 Riverside Drive

New York, NY 10025

www.newyorkbuddhistchurch.org

