December marks the beginning of a month of holidays, or as a popular seasonal song goes, “the most wonderful time of the year.” I tend to agree with this sentiment as I enter into the spirit of the season and, along with others experience the wondrous sights, sounds, decorations and lights of the month. This holiday season is a wonderful time, especially if we remember to celebrate with feelings of peace and good will, banishing our harsh judgments and foolish prejudices, and reminding ourselves of our interrelatedness and interconnectedness with other people, sentient beings and the natural environment that surrounds us. It is a time of annual holiday traditions, many of which are significant to us as individuals and as communities.

In the United States the most common December celebrations are, of course, Christmas, Hanukkah and Kwaanza. In the Japanese Buddhist tradition, we also observe Bodhi Day, which falls on December 8th. Bodhi Day recognizes the day, 2,500 years ago, when the historical Buddha attained enlightenment. As he sat under a Bodhi tree, reaching down with his finger touching the earth he awakened to an awesome awareness that everything in the entire universe is connected and removed himself from all forms of anger, greed and desire that cause suffering. Through his enlightenment he attained a state of perfect wisdom and compassion. It’s a good day to remember to adopt the tenets of the Eightfold Path in our daily lives and to feel gratitude for Shakyamuni and Amida Buddha’s compassion that is bestowed upon us.

There is, however, a part of Bodhi Day that is a little sad for me because in order to attain enlightenment Shakyamuni had to essentially “kill” himself by negating all of his then perceived truths. However, he experienced a “rebirth” by becoming the Buddha--understanding the universal truth of the Dharma and awakening to the “reality” that was always there--the Four Noble Truths and Eightfold Path, referred to as the turning of the wheel.

December is also a month of traditions and customs, and gathering with family, friends, neighbors and colleagues. When I was growing up, my parents operated a business in Hawaii and I remember that this was the time of year my father always made a point to reduce his debts and to make courtesy calls to all the people who made our family business possible. It was both symbolic and substantively meaningful for him formally to say thank you for their help and patronage during the past year and to reflect on the possibility, working together, of a better year to come. I remember as a little boy I would accompany him on these visits, sometimes to places quite distant from our house and we would get home very late. But regardless of the time and distance involved, these year-end calls were important to my father. I think of these visits when I reflect upon another element of this season, which is the custom of giving and receiving gifts.

Probably the most common tradition during these holidays is exchanging gifts, a way of sharing our joy and happiness, and of expressing appreciation and affection to those who are close to us. What if we don’t have the resources to buy presents, does it mean that we cannot give anything? Absolutely not! I often forget that the most meaningful gifts are those with no monetary value at all. They come from the heart.

Cont. on p. 2
This concept is embodied in Dana, one of the Six Paramitas or transcendent actions or perfections in Mahayana Buddhism that are followed in the path of becoming enlightened. Dana, selfless giving, cannot be measured in terms of financial value. Dana encompasses giving that has a positive impact, even if the gift is simply freely sharing something of yourself with genuine understanding, love and compassion expecting nothing in return. When we feel spiritually or emotionally “down,” a kind word, a gentle touch, a simple smile, someone reaching out to express sympathy and understanding is more valuable than an expensive object. It changes everything! It means that one is recognized just as one is. During this time of exchanging gifts, we should not place too much importance on material gifts, it’s our thoughts, words and deeds that really count the most. Sincere expressions of appreciation, praise, thanks and an unexpected helping hand can be the most treasured gifts of all.

As we enter the holidays, we put aside our differences and warmly express our cheer and well wishes to all. As part of the spirit of the season, let’s remember the light of Amida Buddha. Like the sun that radiates innumerable rays of light outwardly toward everyone equally everywhere, sustaining us, the immeasurable light of Amida Buddha illuminates and permeates all worlds, reaching out and summoning us with the command of the Primal Vow to recite the Name in gratitude.

Happy Holidays!
Namo Amida Butsu

**Joya-e and Shusho-e Services**

Joya-e means “A Gathering on a Night to Dispel”. The historical Buddha, Shakyamuni, taught that people have many faults, 108 of which are major. As we come to the end of another year. We gather together at a service to reflect upon our imperfections and the vow to free us from the bondage of Samsara. The climax of the service is for each person to ring the bell and the the bell is rung for a symbolic total of 108 times.

The following morning, we observe Shusho-e which means “A Gathering to Make Things Right”. The Japanese have adopted this tradition in recognition that we can make things better when we realize that Amida Buddha is always guiding us and will never abandon us no matter how severe our faults may be. What better time to express gratitude to Buddha by coming together to recite the Buddha’s name. Our Joya-e service will be observed on Tuesday, December 31st, at 7 pm. Shusho-e will be observed on New Year’s morning at 11:30 am. A New Year’s Day celebration potluck will follow the service. Please bring a main dish to share with others. There will be other activities, too.

**Ho-onko Observance and Shojin Ryori Bento**

**Sunday Jan. 19**

Ho-onko is the annual memorial service for our founder, Shinran Shonin, who entered Nirvana on January 16, 1213. Ho-onko literally means, a Gathering of Gratitude. Shinran’s teachings have helped many to understand and accept the difficult reality of human life with hope. His teachings are also an interpretation of his understanding of Amida Buddha’s universal vows. We are awakened to this hope with gratitude for the gift of life we have received by having the wondrous opportunity to encounter the Onembutsu. For Ho-onko, NYBC will again be offering the opportunity to purchase Shojin Ryori bento. In Jodo Shinshu, a strict vegan diet is not required. However, with the observance of Ho-onko it is customary to partake of a meal that is prepared in the monastic tradition, Shojin Ryooiri.

The bento will be available on Sunday, January 19th, following the service. The cost is a donation of $25. A limited number of bento will be made. To ensure your bento, please contact the temple at (212)678-0305, or reserve a bento through a temple member.

**December Service Helpers**

December 1 Chairperson: Gail Inaba, Greeter: Hiroki Hasegawa, Music: Nobuko Kodama
December 8 Chairperson: David Brady, Greeter: Lily Sakai Johnson, Music: Ukulele Ensemble
December 15 Chairperson: Tony Armstrong, Greeter: Susan Bloom, Music: Ukulele Ensemble
December 22 Chairperson: Mariko Kato, Greeter: Yuko Tonohira, Music: Nobuko Kodama
December 29 Chairperson: Hoshina Seki, Greeter: Kyoko Nishiyama, Music: Nobuko Kodama
喜びを もたらす光の色

12月はホリデーが始まる月で、よく知られている歌にあるように12月は一年で最も素晴らしい時です。この頃になると、人が素晴らしい光景、音、飾り、光などを見聞きするように、私自身もそのようなホリデーの気分になります。特にきびしい批判や偏見の意見を言う事から離れ、平和や友好ムードの精神に接し、周りの人、他の生き物、環境などが互いに結ばれていて、繋がっている事などを考えるとこのホリデーシーズンは確に素晴らしい時です。個人にとってもコミュニティーにとっても年に一度のホリデーの習慣を祝う意味のある時期です。

12月にアメリカで広く知られているお祝いはクリスマス、ハヌカ、カワンザです。日本の仏教の習慣では12月8日はボディーで、この日は2500年前お釈迦様が悟りを得た日です。お釈迦様は菩提樹の木の下に座り、地に指で触れ、宇宙全てを繋がっている事に気づき、人間を苦しめるあらゆる怒り、欲、などを克服しました。そして悟りを経て、完全な智慧と慈悲を得ました。ボディーは日常の生活に八正道の教えを取り入れ、お釈迦様と阿弥陀様が私達にくださる慈悲への感謝を考えるいい日です。

しかしながら、私にとってボディーの一部は悲しい意味があります。それはお釈迦様が悟りを得るために当時ご自身が得た全ての真実を否定し、「死」においつめなければいけなかった事です。でも仏になる事で、「生まれ変わり」を経験され、普遍的な真実である教えを理解し、仏教の教えとして、実生活に繋がる、四聖諦、八正道などの真実に気づかれたのです。

12月は伝統や習慣がある月でもあり、家族、友達、近所の人などと集まります。子供の時私はハワイで育ち、両親は自営業をしていた。思い出すのは大晦日までに父が借金を減らし、ビジネスを助けてくれた人に電話をかけていた事です。改めてその年に世話になった人に感謝し、次の年がいい年になって、続けて仕事ができるよう願う事は父にとって意味がある事でした。子供の時、父と一緒に世話になった人を訪ねたのも覚えています。訪ねた所は時々住んでいた家から遠い所にあり、家に遅く帰った事がありましたが、父にとって大切の事でした。このように父との年末の訪問を思い出すとホリデーシーズンの他の習慣を考えます。それはプレゼントを交換する事です。

このホリデーシーズンに最もよく知られている習慣は喜びと幸せな気持ちを人と分け合い、親しい人に感謝の気持ちを表すプレゼントの交換です。プレゼントを買えない場合は何もあげられないという事でしょうか。もちろんそうではありません。一番意味があるプレゼントは全くお金の価値がない物という事を忘れがちです。一番素晴らしいプレゼントはお金で買える物ではなく、人の心からくる物だという事です。これは悟りへの道を教える大乗仏教の六波羅蜜の徳目の一つであるダーナ、施しです。施し、ダーナとはお金ではない、計れないものです。自分の心をこめて、愛と慈悲の気持ちで行う、見返しを望まない行為は人にいい関係を与えるという事を意味します。精神的に落ち込んでいる時、親切な言葉、やさしい行為、微笑み、慰めと理解を表す人の行為は高価なプレゼントよりもずっと価値があるものです。

Cont. on p. 6
**Shotsuki Hoyo Memorial Services Schedule for 2019**

Shotsuki Hoyo is a traditional monthly service to remember your loved ones who died during that month, particularly in the intervals listed below. The Memorial Service provides a way to express your gratitude and recognize their continuing influence in your life. To arrange a Shotsuki Hoyo memorial service, please talk to Rev. Earl Ikeda or one of our minister’s assistants.

<table>
<thead>
<tr>
<th>2018... 1st Year</th>
<th>2016... 3rd Year</th>
<th>2013 ... 7th Year</th>
<th>2007... 13th Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>2003... 17th Year</td>
<td>1995 ... 25th Year</td>
<td>1987 ... 33rd Year</td>
<td>1970 ... 50th Year</td>
</tr>
</tbody>
</table>

The names of the persons we will be remembering this month and next are listed below.

### December 2019

**Sunday, December 1**

- Abe, Yoshihiro 2004
- Arai, Tomoe M. 2011
- Araki, Kikuyo 1964
- Bakhroushin, Gleb 1994
- Charini de Zavata, Susana 1981
- Harada, Kameichi 1981
- Hattori, Yasuko 2007
- Ishida, Katsu 1984
- Jayang, Momo 1986
- Kunihiro, Isami ("Sam") 2017
- Lobsanbd, Agu 1996
- Matsumara, Kiichi 1990
- Mishima, Chikako 1997
- Mitani, Isao 1949
- Mitsuuchi, Gary 1994

Miyazaki, Chieko 1992
Okada, Kazuo 1989
Okada, Roy 1981
Okada, Shigeyo 1989
Okuma, Ryotoku 2016
Seki, Satomi 2010
Takahashi, Mitsuo 1998
Taoa, Tami 1999
Tung, James Guang-Yao 1995
Unno, Rev. Taitetsu 2014
Yamane, Eimi 1988
Katori, Chiyo 1995
Kehler, Alan 1995
Kitajima, Molly 2014
Kodama, Tokuko Edna 2014
Kubo, Aki 2012
Kubo, Jimmy Masami 1988
Kuwaki, Katumori 2015
Levitch, Yoko Matsuo 1985
Matsumoto, Ryoji 2014
Mitani, Ryou 1998
Mitani, Yuki 1934
Miyazaki, Katsu 1991
Miyazaki, Seichi 1954
Motoyoshi, Sayuri 1994
Nagisa, Miho 1982
Nke-Aka, Dr. Nori 2004
Nojima, Junzo 1983
Okada, Stanley T. 1980
Okada, Sekiyoshi 1992
Okubo, Gontaro 1959
Chiyo Sansone 2016
Sato, Masatoshi 1981
Schroeter, Charles 1952
Schroeter, Edward 1972
Shiomi, Kenjiro 1991
Sumi, Shizuko 1992
Takeda, Koito 1958
Tenzing, Dupjue 2004
Tsuiji, James Toshiaki 1995
Yakata, Helen Osamu 2014
Yakata, John Osamu 1991
Yoshida, Kenichi 1999

### January 2020

**Sunday, January 5**

- Asakura, Michiko 2002
- Awaya, Sei 1954
- Awaya, Shinji 1979
- Horiguchi, Mitsuo 1990

Get Ready for Mochitsuki!

*By Nancy Okada*

Reprising information from last month’s issue:

**How to Volunteer to Help**

It takes many hands to make this event a reality and a great way to join in some fun. Try your hand at a traditional experience and get to know other members of the NYBC Sangha. Please contact Ruth Funai, Nancy Okada or Mariko Kato with your availability from Dec. 19-21 if you would like to assist.

The final pounded product produces sheets called noshi mochi which are about 8” x 11” in size.

**How to Order and Pick up Your Noshi Mochi**

**Sunday, December 15 is the Ordering Deadline. Please place your order by this date with Ruth Funai or by calling New York Buddhist Church at 212 678-0305. The cost per noshi mochi is $15.00.** When you order, please tell us the date and approximate time you will pick up your order and leave a contact number. Pick up times: Saturday, December 21, 1-6:30pm & Sunday December 22, 11am-3pm. If you would like your Noshi Mochi cut, it will be an additional $5.00 fee.
A memorial service was held Nov. 17, 2019 for the late Yuiko Yampolsky, member of NYBC, Buddhist Women’s Association and Adult Buddhist Association where she was very active. Many memories were shared by family, relatives and friends. We miss Yuiko very much.

Gail Inaba spent two weeks in Japan in October. She and a good friend rented a machiya in the Higashiyama district in Kyoto for eight days and were able to have the experience of being residents. In Kyoto, they had entertaining encounters with local shopkeepers and were able to see many wonderful events and sights, including Jidai Matsuri, one of three major annual festivals held in Kyoto where 2000 participants wear costumes of different historical eras and parade from the Imperial Palace to the Heian Shrine in a spectacle that lasts several hours. They were also able to visit many temples, shrines and gardens, including Ryoan-ji, Fushimi Inari, Katsura and of course, Nishi Hongwanji. From Kyoto, they took a couple of day trips to Uji and Nara.

A highlight of the trip was a five day hike on the Kumano Kodo in Wakayama ken, a 1000 year old Shinto pilgrimage trail that is one of only two Unesco World Heritage Pilgrimage Routes. Although not technically difficult, there were steep ascents and descents which were challenging at times. It was mystical to walk through deep cedar and cypress forests along clear rushing streams, punctuated by small oji or auxiliary shrines. Luckily on several nights they stayed at local onsens where they could soak any hiking soreness away.

The trip concluded with a three day stay in Osaka where they attended a Bunraku performance, ate local specialties in Dontonbori and visited the Cup of Noodles museum! Needless to say, the food was wonderful throughout the trip and the most perfect grapes and persimmons were in season, so they were able to snack on delicious fruits everyday.
Send Your New Year’s Greetings to the Sangha

Send your New Year’s greetings to the Sangha and support the NYBC! Complete this form so we receive it by December 15, accompanied with a check or cash of $5.00 and Kokoro will list your name, for $10.00 we will also print a greeting of up to 20 words in our January issue.

- Give a completed form with donation to Ruth Funai, or
- Send the completed form with donation to:
  Greetings, New York Buddhist Church, 331 Riverside Dr. New York, NY 10025

Name(s) (Please print clearly, only your name will appear in Kokoro. Contact information is for office use only.)

_________________________________________________________
Address: ___________________________ Phone: ___________________________
_________________________________________________________
Email: ___________________________

Greeting (Donation of $10.00):

_________________________________________________________
_________________________________________________________

Your support of the New York Buddhist Church is very important. It enables us to continue to maintain a place where all are welcome to share in the teachings of the Buddha Dharma and Jodo Shinshu. It also allows us to provide cultural and social activities for members and the greater community. As we all know, maintaining a building in New York City is costly and there are many expenses that need to be covered: repairs and maintenance, insurance, utilities, our minister’s salary and benefits and many others.

Please help us continue to be able to be in New York City by renewing your membership in 2020 or joining as a new or re-instated member.

Membership forms are available at the Temple and will be printed in Kokoro periodically next year.

翻訳：小玉修子

Translated by Nobuko Kodama
The temperature outside is quickly dropping, but you can still find us in the dojo twice a week, training hard for the season ahead. This past month, we hosted two recruitment events where we showed participants the basics of taiko playing, including lessons on movement, strength, coordination, musicality, and taiko history. We are excited to soon be announcing a new class of trainees for the 2019-2020 season, so be sure to follow us on Facebook and Instagram for updates!

As our 40th Anniversary year comes to a close, we ask the community to consider donating to our "Fun for the Future" fundraising campaign. In honor of our 40th Anniversary and in support of all the years to come, we launched this campaign with the aim of raising $100,000. In addition to our beautiful new Asano taiko drums, this fund will allow us to further invest in the group through additional new equipment, new repertoire, workshops, costumes, and more. We still have a long way to go to meet our goal and would be grateful for any support you can give. If you are interested in contributing, please visit: 40th.sohdaiko.org/support

From Soh Daiko to everyone at the New York Buddhist Church, we would like to say thank you for an amazing year. We could not have celebrated this milestone anniversary year without your support. We wish you all a happy holiday season!

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**Soh Daiko News**

*By Julianna Hessel*

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**Meditation Wednesdays**

7:00 PM - 8:30 PM

at New York Buddhist Church

331 Riverside Drive (at 105 St), NYC

Every Wednesday evening, we offer a meditation class in the 2nd floor meditation room. The class is in short segments, featuring chanting, sitting meditation, walking meditation, an interactive Dharma Talk, and the like. Each segment is guided for those unfamiliar with meditation by our ministers who rotate weekly. It is both easy for newcomers and challenging for experienced meditators.

Everyone is welcome to attend, prior registration is not necessary, just show up any Wednesday evening before 7:00. Please arrive early so we can start on time.

- Settling the body & calming the mind
- Following the breath
- Bowing meditation (Triple Refuge)
- Walking meditation
- Visualization
- Sutra Chanting
- Dharma
- Metta (Loving kindness) meditation

Your donations (Dana) to support the New York Buddhist Church are welcome. Nobody will be turned away for lack of funds.

New York Buddhist Church - a Jodo Shinshu Sangha  newyorkbuddhistchurch.org

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**Remember to reserve your Noshi Mochi**

**Remember to reserve your Shoji Ryori bento**

Please join us in the end of year cleaning of the Temple, December 29
For this year’s Autumn Festival, on October 26th, we offered a little variety to what had been done in previous events. The second floor of the main building was opened up to serve hot food—vegetarian curry and Loco Moco (which I found to be delicious), along with the more familiar lo mein, inari sushi and futamaki. This also provided more open space in the hondo for displays of items that had been donated for sale and made it easier to navigate in the search for treasures and tasty food goodies. The three chairs would like to offer our deep appreciation to the many volunteers, donors, and visitors that continually grace our threshold with their support towards the success for this and other events. Thank you
New York Buddhist Church Dec.-Jan 2020

December

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec. 1, Sun</td>
<td>11:30am: Shotsuki Hoyo Taiko classes: 7-10 year old's (12:30-1:15), older children (1:15-2:15pm); adults (2:15-3:15pm). For information contact Teddy at <a href="mailto:tyoshikami@verizon.net">tyoshikami@verizon.net</a></td>
</tr>
<tr>
<td></td>
<td>Sangha TOWN HALL 1:30pm</td>
</tr>
<tr>
<td>Dec. 4, Wed</td>
<td>7-8:30pm: Chanting and Meditation</td>
</tr>
<tr>
<td>Dec. 5, Thu</td>
<td>7-8:30pm: Howakai (Japanese Study Group)</td>
</tr>
<tr>
<td></td>
<td>HOLiDAY PARTY 11:30am: Bodhi Day Service 1pm: Religious Education Dept. meeting 1:30pm: Adult Buddhist Association meeting</td>
</tr>
<tr>
<td>Dec. 8, Sun</td>
<td>11:30am: Bodhi Day Service 1pm: Religious Education Dept. meeting 1:30pm: Adult Buddhist Association meeting</td>
</tr>
<tr>
<td>Dec. 11, Wed</td>
<td>7-8:30pm: Chanting and Meditation</td>
</tr>
<tr>
<td>Dec. 14, Sat</td>
<td>12:30-2pm: Ukulele Class and Strumming Circle</td>
</tr>
<tr>
<td>Dec. 15, Sun</td>
<td>10:30am: Japanese Service 11:30am: English Service 1:30pm: Board of Trustees meeting Taiko classes: 7-10 year old's (12:30-1:15), older children (1:15-2:15pm); adults (2:15-3:15pm). For information contact Teddy at <a href="mailto:tyoshikami@verizon.net">tyoshikami@verizon.net</a></td>
</tr>
<tr>
<td>Dec. 18, Wed</td>
<td>7-8:30pm: Chanting and Meditation</td>
</tr>
<tr>
<td>Dec. 20-22</td>
<td>Fri.-Sun. Mochitsuki and Cleanup</td>
</tr>
<tr>
<td>Dec. 21, Sat</td>
<td>12:30-2pm: Ukulele Class and Strumming Circle</td>
</tr>
<tr>
<td>Dec. 22, Sun</td>
<td>10:30am: Japanese Service 11:30am: English Service</td>
</tr>
<tr>
<td>Dec. 29, Sun</td>
<td>10:30am: Japanese Service 11:30am: English Service Taiko classes: 7-10 year old's (12:30-1:15), older children (1:15-2:15pm); adults (2:15-3:15pm). For information contact Teddy at <a href="mailto:tyoshikami@verizon.net">tyoshikami@verizon.net</a></td>
</tr>
<tr>
<td></td>
<td>Annual Year End Cleaning (Tentative)</td>
</tr>
<tr>
<td>Dec. 30, Mon</td>
<td>7-9pm: Joya-e (New Year's Eve) Service</td>
</tr>
</tbody>
</table>

January

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 1, Wed</td>
<td>11:30am: Shusho-e (New Year's Day) Service, Speaker: 1pm: New Year's Day Potluck Lunch, Kakizome, Brush Painting, and Hyakunin-Isshu</td>
</tr>
<tr>
<td>Jan. 2, Thurs</td>
<td>7-8:30pm: Howakai (Japanese Study Group)</td>
</tr>
<tr>
<td>Jan. 4, Sat</td>
<td>10-11:30am: [Dharma Gathering and Study Class] 12:30-2pm: Ukulele Class and Strumming Circle 2:30-4pm: American Buddhist Study Center Film, “Your Name”</td>
</tr>
<tr>
<td>Jan. 5, Sun</td>
<td>11:30am: Shotsuki Hoyo, Speaker: 1pm: Religious Education Dept. meeting 1pm: Adult Buddhist Association meeting</td>
</tr>
<tr>
<td>Jan. 8, Wed</td>
<td>7-8:30pm: Chanting and Meditation</td>
</tr>
<tr>
<td>Jan. 12, Sun</td>
<td>10:30am: Japanese Service; 11:30am: English Service 1pm Adult Buddhist Association meeting Taiko classes: 7-10 year old's (12:30-1:15), older children (1:15-2:15pm); adults (2:15-3:15pm). For information contact Teddy at <a href="mailto:tyoshikami@verizon.net">tyoshikami@verizon.net</a></td>
</tr>
<tr>
<td>Jan. 15, Wed</td>
<td>7-8:30pm: Chanting and Meditation</td>
</tr>
<tr>
<td>Jan. 18, Sat</td>
<td>12:30-2pm: Ukulele Class and Strumming Circle</td>
</tr>
<tr>
<td>Jan. 19, Sun</td>
<td>11:30am: Ho-onka (Shinran Shonin Memorial) Service, [Shojin Ryori Bento] 1pm: Buddhist Women's Association New Year's Lunch-eon</td>
</tr>
<tr>
<td>Jan. 22, Wed</td>
<td>7-8:30pm: Chanting and Meditation</td>
</tr>
<tr>
<td>Jan. 26, Sun</td>
<td>10:30am: Japanese Service; 11:30am: English Service Taiko classes: 7-10 year old's (12:30-1:15), older children (1:15-2:15pm); adults (2:15-3:15pm). For information contact Teddy at <a href="mailto:tyoshikami@verizon.net">tyoshikami@verizon.net</a></td>
</tr>
<tr>
<td>Jan. 29, Wed</td>
<td>7-8:30pm: Chanting and Meditation</td>
</tr>
</tbody>
</table>

CALENDAR SUBJECT TO CHANGE—CONSULT www.newyorkbuddhistchurch.org for ANY UPDATES OR REVISIONS

Articles and especially photographs are welcome and will be published subject to suitability of content and availability of space.

Send contributions to Kokoro Editor: Gail Inaba, ginaba@optonline.net

Ongoing Activities

Children’s and Adult’s Taiko Drumming: Sundays, usually every other week, 12:30-1:15, 1:15-2:15pm, 2:15-3:15 pm NYBC Dojo. Email Teddy Yoshikami at tyoshikami@verizon.net for more information.


Soh Daiko Drumming: Thursdays, 7-9 pm and Saturdays, 2-6pm, NYBC Dojo. Practices are not open to the general public without prior permission. More information: www.sohdaiko.org.


Howakai: Japanese Study Group, usually first Thursday of the month, 7-8:30 pm

Chanting and Meditation: usually Wednesday evenings, 7-8:30 pm

Ukulele Class and Strumming circle: usually every other Saturday afternoon 12:30-2 pm

Dharma Study Group: usually first Saturday morning of the month, 10-11:30 am

Jinpukai (Okinawan Dance) usually every Monday 7-9 pm

Flower arrangement class, Ikebana Ryusei ha school: Saturday 11:00 a.m.-12:30; and 1:00-2:30 p.m. Email at Masako Gibeaul at: ryuseiha.ny@gmail.com for more information.